

## Personal Profile

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## Educational Profile

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- Ph.D. Panjab University, Chandigarh; 2017  
Supervisor: Dr. Sudha Banth
- M.A. Panjab University, Chandigarh; 2010  
Subject: Psychology  
Specialization: Clinical Psychology, Child Psychopathology,  
Counselling & Guidance.
- B.A. Panjab University, Chandigarh; 2008  
Subject: Psychology, Elective English, Sociology.  
Specialization: Psychology (Honours),

## Professional Experience

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- Assistant Professor**, Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India June, 2017-till date
- Guest Faculty**, Department of Psychology, Sikkim University, Gangtok, India Feb, 2016- May, 2017
- Senior Research Fellow, UGC Panjab University, Chandigarh April, 2014- Dec, 2016
- Junior Research Fellow, UGC Panjab University, Chandigarh April, 2011-March, 2014

## **Administrative Experience**

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**Head of Department**, Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India      Sept, 2020- till date

## **Awards & Honours**

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1. Awarded UGC-JRF in June, 2010

## **Membership of Professional Bodies**

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1. Member of The Indian Science Congress Association with membership no. ISCR1686 (Lifetime member since 2017)

## **Research Interests**

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- Cross-cultural Psychology
- Positive Psychology
- Clinical Psychology

## **Research Publications**

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1. Spiritual well-being: a protective resource among youth of Arunachal Pradesh: Lourembam, D.; Ete, L; *Defence Life Science Journal*, **2021**, 6 (1), 30-36.
2. Experience of Hedonia and Eudaimonia through Social Support: Lourembam, D; *Indian journal of Human Relations*, **2018**, 52 (2), 8-14.
3. Optimal living among youth: The role played by goals: Lourembam, D; *International Journal of Social Sciences Review*, **2017**, 5(3), 522-524.
4. The experience of flow in sports activities among Manipuri students: Lourembam, D; *The International Research Journal of Social Sciences and Humanities*, **2016**, 5(1), 14-25.
5. Psychological impact of work culture among police personnel: Lourembam, D; Moirangmayum, S; *International Research Journal of Human Resources and Social Sciences*, **2014**, 1(6), 1-10.
6. The role of materialistic and non-materialistic goals on hedonic and eudaimonic well-being among youth: Banth, S.; Lourembam, D.; *Journal of Psychometry*, **2012**, 26(2), 1-7.

### **Book/Book Chapter published**

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1. Tali, D & Lourembam, D.: A study of spiritual intelligence among postgraduate students of Arunachal Pradesh, in *Arunachal Rising: challenges and opportunities*, Komov, B., Anu Books, New Delhi, 2020, 61-69.
2. Lourembam, D.: Social Relationship: a positive resource for well-being among Manipuri adolescents, in *Emerging trends in facets of social relationships*, Khurana, M., Enriched Publications, New Delhi, 2016, 23-30.

### **Research guidance**

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#### **Ph.D scholar**

1. Ms. Leeyir Ete  
Topic of research: **Role of Family Structure on Interpersonal Trust and Romantic Relationship among the Nyishi Tribe.**  
Year of PhD degree: Ongoing
2. Mr. Pranaya Rai  
Topic of research: **Role of Objectification and Body Image on Disordered Eating Attitude among Gays of Kolkata.**  
Year of PhD degree: Ongoing
3. Ms. Yuma Narah  
Topic of research: **Exploring Psycho-Social Factors of Well-Being Among LGBT of Arunachal Pradesh.**  
Year of PhD degree: Ongoing

### **Course/Conference/Workshop organized**

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1. Ten Days Virtual International Workshop on “21<sup>st</sup> century skills for personal and professional life” by Department of Psychology & Department of Social Work, Rajiv Gandhi University, Arunachal Pradesh, India in collaboration with Department of Psychology, Banaras Hindu University, Varanasi and SOIOP, India.

Duration: 23<sup>rd</sup> Aug-1<sup>st</sup> Sept, 2021

Role: Convenor.

2. Two Days Virtual Conference on “Adaptability in Crisis: Psychology, Education and Society” by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India  
Duration: 17<sup>th</sup>-18<sup>th</sup> Aug, 2021  
Role: Convenor.
3. One Day National Webinar on “National Education Policy, 2020: A Psychological Perspective” by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.  
Duration: 8th Aug, 2021  
Role: Convenor.
4. One Day National Webinar on “Positive approach towards the National Education Policy, 2020” by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.  
Duration: 5th Aug, 2021  
  
Role: Convenor.
5. One day interactive session on “Managing Mental Health and Coping in the Pandemic” by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.  
Duration: 18th May, 2021  
  
Role: Convenor.
6. Two days National Workshop on Life Skills Management by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.  
Duration: 26<sup>th</sup> -27<sup>th</sup> Sept, 2019  
Role: Co-Convenor.

### **Course/Conference/Workshop etc. attended**

1. Delivered an oral presentation in “Psychological wellbeing in the Pandemic Era” an International Conference held at Kuvempu University, Karnataka, India during 19th-21st August, 2021  
Title of the presentation: **Social support of Arunachali LGBT during Covid-19 pandemic.**

2. Delivered an oral presentation in “30th Annual Convention of National Academy of Psychology” a National Conference held at IIT, Kanpur, New Delhi, India during 19th-21st March 2021  
Title of the presentation: **Psychological impact of Arunachali Folktales: A Comparison.**
3. Delivered an oral presentation in “Perspectives on peace and sustainable development in a world of conflict” an International Conference held at Vivekananda College, University of Delhi, New Delhi, India during 13th-15th Feb, 2020.  
Title of the presentation: **A study of spiritual well-being among youth of Arunachal Pradesh.**
4. Delivered an oral presentation in “Ethnicity, Livelihoods and Culture Change Among the Himalayan People: Anthropology and Beyond” an International Seminar held at Rajiv Gandhi University, Arunachal Pradesh, India during 23-24 Sept, 2019.  
Title of the presentation: **Psychological Impact of Folktales on the Youth.**
5. Delivered an oral presentation in ‘Understanding Tribes of Northeast India: Issues & Challenges’, a National Seminar held at Dera Natung Government College, Itanagar, Arunachal Pradesh, India during 20-21 September, 2019.  
Title of the presentation: **Folktales of Abotani: A psychological Analysis.**
6. Delivered an oral presentation in “The 105th Indian Science Congress” a National Conference held at Manipur University, Manipur, India during 16th- 20th March, 2018.  
Title of the presentation: **Perceived Social Support and Well-being among youth.**
7. Delivered an oral presentation in “Psychology of Millenials” a National Conference held at IIT Kharagpur, West Bengal, India during 22nd – 24th Dec, 2017.  
Title of the presentation: **Eudaimonic Orientation Towards Work Among Nurses**
8. Delivered an oral presentation in ‘Reforming Indian Education System” a National Conference held at Department of Education, Rajiv Gandhi University, Doimukh, Arunachal Pradesh during 20-21 September, 2017.

Title of the presentation: **Importance of Spirituality in Value Education .**

9. Delivered an oral presentation in “Psychology for building global community” an International Conference held at University of Rajasthan, Jaipur, India during 23rd -25th Feb, 2017.

Title of the presentation: **A comparative study of gender difference on the role of social media in perception of body image among adolescents.**

10. Delivered an oral presentation in “Psychology for building global community” an International Conference held at University of Rajasthan, Jaipur, India during 23rd -25th Feb, 2017.

Title of the presentation: **A cross cultural study of well-being: Different orientation, different pursuit.**

11. Delivered an oral presentation in “The 3<sup>st</sup> International Psychological Science Congress” an International Conference held at P.G. Government College, Sector-46, Chandigarh, India during 28th -30th Sept, 2016.

Title of the presentation: **The quest for a flourished life through spirituality: A study among older people.**

12. Delivered an oral presentation in “Positive Schooling: A Heaven for Holistic Development” an International Conference held at Ravindra Bhavan, Margao, Goa, India during 16th -18th Jan, 2016.

Title of the presentation: **Autonomous and Intrinsic Life Goals: Understanding their structure and relationship with optimal living among youth in Indian context.**

13. Delivered an oral presentation in “Social Sciences In Contemporary Era” a National Congress held at Panjab University, Chandigarh, India during 25th -26th Feb, 2016.

Title of the presentation: **Sustainable Happiness to Sustainable Development: A Positive Psychological Perspective.**

14. Delivered an oral presentation in “Changing Trends and Challenges in the 21st Century” at International Congress held at Banaras Hindu University, Varanasi, India during 27th Nov-1st Dec, 2015.

Title of the presentation: **The Positive Outcomes of Intrinsic Motivation for Sports: A Study of Manipuri Students**

15. Presented a Poster in “Changing Trends and Challenges in the 21st Century” at International Congress held at Banaras Hindu University, Varanasi, India during 27th Nov-1st Dec, 2015.

Title of the presentation: **Combating Stress: A Pre-requisite for Well-being of Sportsperson**

16. Delivered an oral presentation in “3<sup>rd</sup> World Congress on Excellence” an International Conference held at Panjab University, Chandigarh, India during 19th-21st Oct, 2015.

Title of the presentation: **The Quest to Flourish: New Horizons in the Pursuit of Well-being**

17. Delivered an oral presentation in Corporate Social Responsibility in India: Challenges, Possibilities and Prospects for Socio-Economic Transformation” a National Seminal held at CRRID (Centre for Research in Rural and Industrial Development), Chandigarh, India during 12<sup>th</sup> -14<sup>th</sup> March, 2015.

Title of the presentation: **Understanding the relationship of CSR And Rural Development through Employees’ Satisfaction and Well-being: A Study in Manipur.**

18. Delivered an oral presentation in “Towards Inclusive Policy: Cultural, Political and Economic Deterrents” at National Seminar held at Indian Council of Social Science Research (ICSSR Centre), Panjab University, Chandigarh, India during 25<sup>th</sup> February, 2015.

Title of the presentation: **Perception of Gender Roles and Equality: A Comparative Study of Punjabi Youth.**

19. Delivered an oral presentation in “Governance: Issues, Challenges and Strategies with reference to India” a National Congress held at Panjab University, Chandigarh, India during 20th- 21st Feb, 2015.

Title of the presentation: **Parenting Styles: A way for Good Family Governance.**

20. Delivered an oral presentation in Third Annual National Seminar held at University College, Chunni Kalan, Punjab, India during 21<sup>st</sup> Feb, 2015

Title of the presentation: **Social Relationship: A Positive Resource for Well-being Among Manipuri Adolescents**

21. Delivered an oral presentation in “Human Rights of Marginalized Groups: Understanding and Rethinking Strategies” a National Seminar held at Post-Graduate Government College For Girls-11, Chandigarh, India during 5th Feb, 2015.

Title of the presentation: **A study of rights and issues on well-being of intellectually disabled people: A case study of Manipur.**

### **Sponsored Project**

Title of the project	Funding agency	Year of sanction	Role
Cyber security-challenges under cyber space specially for women users: cyber security among the indigenous women of Arunachal Pradesh: status, impediments and strategic reforms.	National Commission for Women, New Delhi	<b>2021</b>	<b>Co-PI</b>