Personal Profile



Dr. KAKALI GOSWAMI Assistant Professor, Department of Psychology Rajiv Gandhi University, Rono Hills, Doimukh Arunachal Pradesh-791112

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Educational Profile

Ph.D. Gauhati University, Guwahati, Assam, State; Year 2015

Supervisor: Dr. Rita Rani Talukdar

M.A Jamia Millia Islamia, New Delhi; Year 2009

Subject: Psychology

Specialization: Organizational Psychology

B.A. University of Delhi, New Delhi; Year 2007

Subject: Psychology(Honours)

Professional Experience

Assistant Professor, Department of Psychology, May 26, 2017-till date

Rajiv Gandhi University, Arunachal Pradesh, India

Guest Assistant Professor, Department of Psychology, September, 2010-

Gauhati University, Assam, India

Research Investigator, Department of Training, Defense November, 2009- May,

Institute of Psychological research, New Delhi, India 2010

Administrative Experience

Head of Department, Department of Psychology, Rajiv

Gandhi University, Arunachal Pradesh, India

Member, Board of Post Graduate Studies Committee,

Rajiv Gandhi University

August, 2017-October,

December, 2016

2020

January, 2018- January,

2021

Awards & Honours

1. Qualified UGC-NET in December, 2015

Membership of Professional Bodies

- 1. Full Member of Society of Industrial and Organizational Psychology, India (2021-till date)
- 2. Life Member, Psychologists' Association of North East India (2010-till date)

Research Interests

- Organizational Psychology
- Positive Psychology
- Cognitive Psychology

Research Publications

- 1. An Analysis Of Relation Between Emotional Intelligence And Self-Leadership Among Tribal Students In Arunachal Pradesh: Goswami,K.; Bagra, J.; *PIMT-Journal of Bussiness*, **2021**, *13*(4), 234-239.
- 2. The Effect Of COVID 19 On Women In North East India: An Intersectional Perspective: Goswami,K.; Narah, Y.; *The international Journal of Indian Psychology*,**2021**, *9*(1),759-768.
- 3. Perception Of The Use Of ICT For Online Education: Status During The Covid-19 Pandemic: Goswami, K.; Ete, L.; *PIMT-Journal of Bussiness*,**2021**, *13*(*3*),49-52.
- 4. Assessment Of University Teachers Training Needs For Professional Development: Goswami, K; *IAHRW International Journal of Social Science Review*, **2018**, 6(6), 1086-1089.
- 5. The Relation Between Positive Psychological Capital And Creative Thinking Among Undergraduate Students: Talukdar, R.R. & Goswami, K; *Asian Resonance*, **2016**, *5*(3),99-103.
- 6. Role Of Reselience In Enhancing Wellness Among College Students: Tallukdar, R.R. & Goswami, K; *Shrinkhala*, **2016**, *3*(12), 50-53.
- 7. Self Efficacy: A Life Skill For Enhancing Psychological Well-Being: Talukdar, R.R. & Goswami, K; *Remarking*, **2015**, *2*(5),102-106.
- 8. Assessment Of Level Of Self-Efficacy Among Post Graduate Students: Talukdar, R.R. & Goswami, K; *Periodic Research*, **2015**, *4*(2), 135-137.

- 9. Relation Between Emotional Intelligence And Job Stress Among Engineers' At Managerial Level At Public Sector Organizations: Goswami, K. & Talukdar, R.R.; *IOSR Journal of Humanities and Social Sciences*, **2013**, *7*(3), 44-47.
- 10. The Family Environment As The Predictor Of Psychological Well-Being Among Postgraduate Students In Assam: Talukdar, R.R. & Goswami, K.; *Indian Journal of Health and Well-being*, **2013**, 1341-1343.
- 11. Occupational Stress And Burnout Among Nationalized Bank Managers: Goswami, K. & Talukdar, R.R.; *Indian Journal of Social Sciences and Organizational Behaviour*, **2012**, *1*(2),77-84.
- 12. Cultural Intelligence Among Tribal And Nontribal Students: Talukdar, R.R.; Goswami, K.; *Global journal of Sociology and Anthroplogy*, **2012**, *2*(*1*),49-55.
- 13. Effect Of Psychological Contract Violation On Organizational Commitment, Trust And Turnover Intention In Private And Public Sector Indian Organizations: Shahnawaz, MG. & Goswami, K.; *Vision: the Journal of Business Perspective*, **2011**, *15(3)*, 209-217.

Book/Book Chapter published

- 1. Goswami, K. & Bagra, J.: The important role of social maturity and family environment among tribal students of Arunachal Pradesh *in India, Northeast India: Issues, dynamics and emerging realities,* Taba, P.& Loyi, R., Kumud publications, New Delhi, 2021, pp
- 2. Goswami, K.; & Ete, L.: Mental health stigma & help seeking behavior among youth of Tribal community of Arunachal Pradesh in *Health Care challenges in India: Psycho-social perspective*, Edited by Srivastava, S.K. & Sharma, K., Global vision publishing house, New Delhi, 2022, pp 220-229.

Research guidance

Ph.D scholar

(For ongoing scholars)

1. Name: Mr. Tadar Amar

Topic of research: Effect of Chanting and Listening GWRNAM(Nishi Hymn)on Spiritual Intelligence and Cognitive Functioning among the high school students.

Year of PhD degree: Ongoing
2. Name: Ms. Jomyir Bagra

Topic of research: Effectiveness of Mental Health Awareness Training on Mental Health Literacy, Help seeking Behaviour and Psychological well-being among the Youth of Arunachal Pradesh.

Year of PhD degree: Ongoing
3. Name: Ms. Oyin Mibang

Topic of research: The Effect of Mindfulness-Based Intervention on Management of Anxiety, Depression and Stress in Arunachal Pradesh

Year of PhD degree: Ongoing

4. Name: Ms. Tuyir Riba

Topic of research: NA(Doing Ph d Course work)

Year of PhD degree: Ongoing

Course/Conference/Workshop organized

1. International Virtual workshop on '21st Century skills for personal and professional life' by Dept. of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.

Duration: 23August- 1st September, 2021

Role: Co-convener

2. National Conference on "Adaptability in Crisis: Psychology, education and Society" by Dept. of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India

Duration: 17 August-18 august, 2021

Role: Convener

3. National webinar on 'National Education Policy, 2020: A psychological perspective' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 10th August, 2021

Role: Co-convener

4. National webinar on 'Positive Approach towards the National Education Policy, 2020' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 5th August, 2021

Role: Co-convener

5. National webinar on Mental Health in Pandemic by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 18th May, 2020

Role: Co-convener

6. National webinar on 'Students' Mental Health and well-being' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 4-5th Sept, 2020

Role: convener.

7. National webinar on 'Women's rights as Human Rights: Vulnnerability & gender Justice amid COVID crisis' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 3rd Sept, 2020

Role: convener

8. National webinar on 'Career Prospects in Psychology' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 18-19th August, 2020

Role: **convener**

9. National webinar on 'Promoting Mental Health during COVID-19 pamdemic' by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India.

Duration: 2-3rd June, 2020

Role: Co-convener

10. National workshop on Life skill management by Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India,

Duration: 25-26th September, 2019

Role: Convener

Course/Workshop etc. attended

- 1. Attended an faculty development program on 'Soft skill' held at TLC, Ramanujan College in collaboration with Dept. of Mass com, Telangana University, India during 25-31st October, 2021.
- 2. Attended an faculty development program on '21st century skills for personal and professional life' held at Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India during 23 August-1st sept, 2021.
- 3. Attended Short term training program on 'Soft skills for Effective teaching' held at HRDC, University of Hyderabad, India during 31st May-5th June, 2021.
- 4. Attended Online Refresher Course on 'Psychology' held at Teaching learning centre, Ramanujan college ,University of Delhi Under the aegis of Ministry of education Pandit Madan Mohan Malaviya National mission on teachers and teaching, India during 12-26th April, 2021.
- 5. Attended Orientation training program held at HRDC, Mizoram University, India during 28th July-17th August, 2020.
- 6. Attended an faculty development program on 'Emerging Issues in Social science research' held at Department of Anthropology, Rajiv Gandhi University, Arunachal Pradesh, India during 4-8th May, 2020.
- 7. Attended an faculty development program on 'Rethinking research and contemporary development priorities: Learning essential for sustainable future' held at Department of Social work, Rajiv Gandhi University, Arunachal Pradesh, India during 18-22nd May, 2020.
- 8. Attended Online training program on 'Online Basic training on use of ICT in teaching' held at Teaching learning center, Tezpur University, India during 20-23rd April, 2020.
- 9. Attended Two days National workshop on 'Pedagogy for 21st century Tecahing and Research' held at Assam Don Bosco University, Guwahati, India during 12-13th June, 2019

- 10. Attended one day workshop on 'Self Awareness: Developing skills for overall success in life' held at Department of Psychology, Gauhati University, India during 24th March, 2017.
- 11. Attended a Two week training program on 'Capacity Building Programme for Social science Faculty members' held at OKD Institute of Social change and development, Guwahati, India during 7-20th July, 2016.
- 12. Attended Two day National workshop on 'Qualitative Research methods' held at Department of Psychology, Gauhati University, India during 30-31st May,2016.
- 13. Attended a one day workshop on 'Pearson Clinical assessment of Dyslexia screening test' held at Department of Psychology, Gauhati University, India during 11th August, 2012.
- 14. Attended 21 days training program on 'Ph.d students Programme' held at HRDC, Gauhati University, India during 12 September-2 October, 2011.

Conference/Seminar etc. Paper presented

- 1. Delivered an oral presentation in 'Adaptability in Crisis: Psychology, Education & Society', a National webinar held at Department of Psychology, Rajiv Gandhi University, India during 17-18th August, 2021.
 - Title of the presentation: *Spiritual well-being of Youth from Arunachal Prdesh during COVID 19 pandemic*
- 2. Delivered an oral presentation in 'Adaptability in Crisis: Psychology, Education & Society', a National webinar held at Department of Psychology, Rajiv Gandhi University, India during 17-18th August , 2021.
 - Title of the presentation: *Mental Health status and sleeping pattern of the youth of Arunachal Pradesh*
- 3. Delivered an oral presentation in 'Processes of Memory: Towards New Understanding', an International webinar held at Department of English, Bodoland University, India during 9-10th June, 2021.
 - Title of the presentation: *The Relations between Personality Traits and Memory among Youth*
 - 4. Delivered an oral presentation in 'Sustainable business development Post COVID', a National conference held at Punjab Institute of Management & technology, India during3rd June, 2021.
 - Title of the presentation: *Perception of the use of ICT for online education: status during the COVID-19 pandemic*
- 5. Delivered an oral presentation in 'Strategic Responses towards Promoting Sustainable Gender Equality: Experiences from the Outbreak of COVID-19', an International conference held Faculty of Humanities and Social Sciences, Assam down town University, Guwahati , India during , 23-25th November, 2020.

- Title of the presentation: *The effect of Covid-19 on Women in North-east India: An intersectional perspective*
- 6. Delivered an invited talk in 'Six Days Refresher course for coaches and instructors for SAI, Arunachal Pradesh', an National Refresher course held at Department of Physical Education, Rajiv Gandhi University, India, during 31st August-5th Sep, 2020.
 - Title of the talk: *Management of Anxiety, stress and Aggression in Sports*
- 7. Delivered an oral presentation in 'India/North East India: Issues, Dynamics & Emerging Realities', a National seminar held at Research Scholars' forum, Rajiv Gandhi University, India., India during 14-15th March, 2020
 - Title of the presentation: *The relationship between social maturity and family environment among students at University level*
- 8. Delivered an oral presentation in 'Ethnicity, Livelihood & culture change among the Himalayan people: Anthropology and beyond', an International seminar held at Dept of anthropology, Rajiv Gandhi University, India., India during 23-24 Sept, 2019
 - Title of the presentation: *Relationship between mental health stigma and help seeking behaviour among youth*
- 9. Delivered an oral presentation in 'Well-being: Lifespan perspective& Practices for sustainable communities', an International seminar held at Mind India, Guwahati, India, India during 18-19 January, 2019
 - Title of the presentation: *Assessment of Psychological well-being among students at higher educational level* .
- 10. Delivered an oral presentation in 'Youth and adolescence problems in Prsent social context-Role of the teacher, Parents & Society', an National seminar held at Dept. of Education, Kaliabor College, Assam ,India during 29-30th Nov, 2016
 - Title of the presentation: Hope as a predictor of Psychological well-being among college students.
- 11. Delivered an oral presentation in 'Holistic Education for a better world', an International seminar held at Dept. of Education, MSSV, Nagoan, India during 8-10th October,2015
 - Title of the presentation: Self-efficacy :An important life skill for higher education
- 12. Delivered an oral presentation in 'Adolescents Development:Issues and challenges', an National conference held at Psychology Research unit, ISI, Kolkata, India, India during 29-30 January, 2015
 - Title of the presentation: Assessment of Adolescents' relationship with their parents.
- 13. Delivered an oral presentation in 'School psychology: Enhancing psychological competencies among school students for overall development ', an International conference held at Dept. of Psychology, Gauhati University, India., India during 21-23rd November, 2014

- Title of the presentation: *The relationship between Resilience and self-efficacy among High school students*
- 14. Delivered an oral presentation in 'Graduate Research Meet', an National seminar held at Dept. of Humanities and Social Sciences, IIT Guwahati, India during 31st Oct-1st Nov, 2014.
 - Title of the presentation: *The Relationship between Resilience and psychological well-being among Undergraduate students*
- 15. Delivered an oral presentation in 'Inclusion and Qualitative Expansion in education-Issues & challenges', an International seminar held at Dept. of Education, Dibrugarh University, Dibruragh , India during 7-9th February, 2013
 - Title of the presentation: Assessment of parent child relationship among 10th class students
- 16. Delivered an oral presentation in 'Psychological well-being: Building bridges for tomorrow', a National seminar held at Dept. of Psychology, P.G. Govt. College, Chandigarh, India during 5-6th October, 2012
 - Title of the presentation: Relation between level of Psychological well-being and family environment among PG students in Assam
- 17. Delivered an oral presentation in 'Education for Human resource development in the context of 21st century', a National seminar held at Dept. of education, Gauhati University, Guwahati, India during 5-6th April, 2012.
 - Title of the presentation: *Psychological well-being among PG students in Assam.*
 - 18. Delivered an oral presentation in 'Recent trends in Statistics and its applications', a National seminar held at Dept. Of Statistics, Arya Vidyapeeth college, Guwahati, India during 3-4th February, 2012.
 - Title of the presentation: *Use of Linear regression analysis in Psychological research*
 - 19. Delivered an oral presentation in 'Positive Living: Current trends and applications', a National Seminar held at Dept. Of Psychology, Gauhati university, Guwahati, India during 2-3rd Nov, 2011.
 - Title of the presentation: *Influence of emotional Intelligence on the Job stress level of Employees at Managerial level*
 - 20. Delivered an oral presentation in 'Road Safety: A comprehensive view of all its stake holder', a National workshop held at Pachim Guwahati Mahavidyalaya, Guwahati, India, during 26-27th August, 2011.
 - Title of the presentation: *Road side accidents: A psychological concern*
 - 21. Delivered an oral presentation in 'Stress: Health, Society and Technology', an International conference held at IISMAAS in JNU, New Delhi, during 20-21st April, 2011.
 - Title of the presentation: *Impact of Psychological contract violation on general* health at managerial level employees in India
 - 22. Title of the presentation: Delivered an oral presentation in 'Mapping ethnographies in Assam and the role of Identity politics', a National Seminar

held at Department Of History, LCB college, Guwahati, India, India during 11- 12^{th} February, 2011.

Title of the presentation: *Cultural intelligence of Tribal students*

23. Delivered an oral presentation in 'Aggression and Violence: Challenges for Social well-being', a National Seminar held at Department of Psychology, Jamia MIllia Islamia, New Delhi, India during 17-18th March, 2010.

Title of the presentation: Organizational commitment, Organizational Citizenship Behaviour, Trust, general health and turnover intention in relation to psychological contract violation in Indian organizations

Sponsored Project

Title of the project	Funding agency	Year of sanction	Role
Women Mental health: Mental health and its correlates: A study of women in Arunachal Pradesh	NCW, New Delhi	2020	Co-PI