

Personal Profile



Photo

Dr. Sandeep Panchal

**Assistant Professor,
Department of Psychology
Rajiv Gandhi University, Rono Hills,
Doimukh
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Educational Profile

Ph.D. (PSYCHOLOGY)	Kurukshetra University Kurukshetra, HARYANA, Year of award:2018 Supervisor: Dr. HARDEEP LAL JOSHI
M.Phil. (PSYCHOLOGY)	Kurukshetra University Kurukshetra, HARYANA; Year of award: 2012 Supervisor: Dr. HARDEEP LAL JOSHI
M.A. PSYCHOLOGY	Kurukshetra University Kurukshetra, HARYANA; Year of award: 2011
B.A. PASS	PSYCHOLOGY & MASS COMMUNICATION, GOVT. P.G. COLLEGE, HISAR, HARANA; Year of award: 2009

Professional Experience

Assistant Professor , Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India	19 April 2021 to till date
Assistant Professor (Contract) , Department of Psychology, Indira Gandhi University, Meerpur, Rewari, Haryana, India.	09 Sept. 2019 to 14 April 2021
Assistant Professor (Guest) , Department of Psychology, Central University of Haryana, Mahendergarh, Haryana, India.	25 Sept. 2018 to 15 May 2019
Sports Psychologist(Contract) , Sports Authority of India, JLN Stadium, Lodhi Road, Delhi, India	12 Oct. 2015 to 14 March 2018
Junior/Senior Research Fellow(Contract) , Defence Institute of Psychological Research, DR& DO, Ministry of Defence, Delhi, Timarpur-110054	04 Jan. 2012 to 30 Sept. 2015

Administrative Experience

Dr. Sandeep Panchal

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| • Member of Departmental Teacher Council,
Rajiv Gandhi University, Arunachal Pradesh, India | April, 2021 to till Date |
| • Member of Psychological Counseling Service
(Mano-Vimarsh) Rajiv Gandhi University, Arunachal Pradesh, | May 2021 to till date |
| • Departmental coordinating Member of IQAC | Nov. 2021 |

Awards & Honours

1. Qualified UGC-NET in June/Dec. 2014
2. Junior/Senior Research Fellowship (Defence Institute of Psychological Research, DRDO, 2012).

Membership of Professional Bodies

1. Bharatiya Counselling Psychology Association From 07/06/2019 (Membership No. LM/2017115).
2. Indian School Psychology Association (InSPA) From 04/05/2021 (LM/2021/10843)
3. Community Psychology Association of India from 26/5/2021, (Arunachal/02)
4. Linguistic Society of India (No LM-03/21, Date-04/05/2021)
5. Indian Association of Clinical Psychologist Associate Life Membership (No. LAM 538/21)
6. The Indian Science Congress Association (No. L40950, from 17/9/2021)
7. Indian Academy of Applied Psychology (No.....)
8. National Association of Psychological Science (No.....)
9. Sports Psychology Association of India (No.....)
10. Indian Academy of Health Psychology (No.....)
11. Indian Association for Social Psychiatry (IASP) Life Associate Member (No.....)

Research Interests

- Health Psychology
- Sports Psychology
- Clinical Psychology
- Suicidal Behavior, Depression, Stress & Mental Health

Research Publications

International:

1. **Dr. Sandeep** & Joshi, H. L. (2021 in Press). An investigation on Suicidal Ideation among Working Professionals. *Journal of Neuropsychiatry*(London), (ISSN Print-1758-2008, electronic ISSN-1758-2916, Belgium, (**Science Citation Index Expanded (SciSearch®), Scopus**))
2. **Dr. Sandeep** & Joshi, H. L. (2021). Predictors of Suicidal Ideation among Married Professionals: General Health Problems and Negative Affect. *Journal*

of Clinical Psychology and Mental Health Care (ADITUM Publishing LLC, 16192 Coastal Highway Lewes, DE 19958, USA), 3(3),

3. Gupt, D.K., Yangdon, T., & **Dr. Sandeep**. (2021). Mindfulness Practice and Ameliorating Depressive Symptoms among PTSD Clients: An Experimental Study. *International Education and Research Journal*, 7(5), 8-10. (Peer Reviewed, Multi-Disciplinary Refereed & International indexed Journal) E-ISSN-2454-9916.
4. **Dr. Sandeep** & Yadav, M. (2021). Day Time Sleepiness and Quality of Life Predicts Perceived Stress among Youth. *Journal of Psychological Research*, 3(2), 29-34. (Peer Reviewed & International Journal) ISSN- 2630-5143(Bilingual Publishing Co, Singapore).
5. **Dr. Sandeep** & Joshi, H. L. (2021). Mental Health Problems and Alcohol Use among Professionals. *The ASEAN Journal of Psychiatry*, 22(1). (Peer Reviewed & International Journal, PsycINFO) ISSN 2331-7805(In Print), E-ISSN-2331-7791 (Malaysia). Web of Science: emerging sources citation index.
6. **Dr. Sandeep** & Yadav, P. (2021). Aggression among Students: Comparative Study. *International Journal of Humanities and Social Science Invention (IJHSSI)*, 10(2), 54-56. (Impact factor: 5.35, Peer Reviewed) ISSN 2319-7722 (Online), 2319-7714(Print).
7. **Dr. Sandeep** & Yadav, P. (2020). Day Time Sleepiness, Fear of COVID-19 and Emotional Adjustment among Adolescent. *International Journal of Education and Psychological Research (IJEPR)*, 9(4) 5-8, (Peer Reviewed & Refereed), ISSN, 2279-0179.
8. Sharma, P., **Dr. Sandeep**, & Pal, S. (2020). Occupational Stress and Work-Family Conflict among Police Constables. *The International Journal of Indian Psychology*, 8(4), 327-335. (Peer Reviewed & Academic International Journal) ISSN 2348-5396(online), 2349-3429(Print).
9. Sharma, P., **Dr. Sandeep**, & Pal, S. (2020). Burnout and Type-A Behaviour among Police Constables: A Comparative Study. *The International Journal of Indian Psychology*, 8(4), 548-545. (Peer Reviewed & Academic International Journal) ISSN 2348-5396(online), 2349-3429(Print).
10. **Dr. Sandeep** & Yadav, P. (2020). Role of Anxiety and Depression in Adolescent's Emotional Adjustment. *The International Journal of Indian Psychology*, 8(2), 1372-1378. (Peer Reviewed & Academic International Journal) ISSN 2348-5396(online), 2349-3429(Print).
11. **Dr. Sandeep** & Joshi, H. L. (2020). Mental Health Problems at Workplace: A review. *The International Journal of Indian Psychology*, 8(3), 525-528. (Peer Reviewed & Academic International Journal) ISSN 2348-5396(online), 2349-3429(Print).
12. **Sandeep** & Joshi, H. L. (2019). Mental Health, Exercise and Physical Activity. *International Journal of Scientific Research*, 8(5), 1-2. (Peer Reviewed International Journal) ISSN - 2277 – 8179.
13. **Sandeep**, Mukerjee, S., & Kumar, U. (2016). Optimism in Relation to Well-being, Resilience and Perceived Stress. *International Journal of Education and*

Psychological Research (IJEPR), 5(2), 1-6. (Peer Reviewed & Refereed), ISSN, 2279-0179.

14. **Sandeep** (2016). Role of mental skills in sports performance. *International Journal of Sports Sciences and Physical Education*, 4(1), 01-04. (Peer Reviewed & Refereed), ISSN, 0976-2752, e-2229-6034.
15. Gautam, A., **Sandeep**, & Kumar, U. (2013). A study on anxiety, depression and mental health status among old age people. *International Journal of Scientific and Research Publications*, 3(6), 1-4. (Peer Reviewed & Refereed), ISSN 2250-3153.

National:

1. **Dr. Sandeep** & Kumari, S. (2021 in press). Correlation between Depression, Stress and Fear of Covid-19 among Indian Students. *Indian Journal of Psychological Science*, (UGC Listed, Refereed), ISSN-0976 9218.
2. **Dr. Sandeep** & Kumari, S. (2021). Fear of Covid-19 in Relation to Depression and Stress: A Study during Lockdown. *Indian Journal of Psychology and Education*, 11(1), 80-83 (Refereed), ISSN-2231-1432.
3. Sharma, P., **Dr. Sandeep**, & Pal, S. (2020). Gender Differences in Stress Symptoms and Burnout among Police Constables. *Delhi Psychiatric Journal*, 23(2), 7-12. UGC Listed, OCT 2020.
4. **Sandeep** & Joshi, H. L. (2016). An Investigation of Psychological Distress, Negative Affect, Daily Stress, Suicidal Ideation and Mental Health among Married Professionals: A Comparative Study. *Indian Journal of Psychological Science*, 6(2), 095-106. (UGC Listed, Refereed), ISSN-0976 9218.
5. **Sandeep**, Joshi, H. L., & Kumar, U. (2015). Role of Work Environment in Stress and Mental Health. *Journal of Research: The Bede Athenaeum*, 6(1), 98-103. (Peer Reviewed), ISSN, 0976-0598.
6. **Sandeep** & Joshi, H. L. (2015). Loneliness among Youth: Role of Daily Stress and Perceived Social Support. *Indian Journal of Psychology and Education*, 5(2), 67-73. (Refereed), ISSN, 2231-1432.
7. **Sandeep**, Joshi, H. L., & Kumar, U. (2014). Role of Mental Health and Depression in Suicidal Ideation among Married Professionals. *Indian Journal of Health and Well Being*, 5(10), 1177-1180. (Peer-Reviewed), ISSN, 2229-5356.
8. **Sandeep**, Mukherjee, S., & Kumar, U. (2014). Happiness in relation to locus of control and aggression. *Indian Journal of Psychology and Education*, 4(1), 63-68. (Refereed), ISSN, 2231-1432.
9. **Sandeep** & Joshi, H. L. (2013). Happiness in relation to social skills and self-esteem among youths. *Indian Journal of Positive Psychology*, 4(1), 133-136. (Refereed), ISSN, 2229-4937.
10. Ranjana & **Sandeep** (2012). Personality correlates of depression. *Indian Journal of Psychology and Mental Health*, 6(2), 63-67. (Peer Reviewed), ISSN, 0973-7286.

Patent

Not Applicable

Book/Book Chapter published

1. **Dr. Sandeep** (2021 in Press). Mental Health Problems and Associated Factors among Female Working Professionals. In L. Dharmeshwari, G. Kakli , P. Sandeep & P.M. Satchit. (Eds.), *Adaptability in Crisis: A Psychological Perspective* (.....).
2. **Sandeep** & Joshi, H. L. (2014). Social skills in relation to quality of life among youths. In A. Sheema & I. Naved (Eds.), *Perspectives on Health and Well Being in India* (pp. 291-295). Excel India Publishers, New Delhi. ISBN, 978-93-83842-93-3.
3. **Sandeep** & Joshi, H. L. (2013). सामाजिक कौशल और खुशी में संबंध. In J. K. Suresh & K. Fooldeep (Eds.), *वर्तमान वैज्ञानिक अनुसंधान* (pp.130-133). DESIDOC, DRDO, Delhi. ISSN- 978-81-86514-48-1.

Research guidance**Master Students Research Project Supervision**

Sr. No	Name	Course Name	Title
1	Anubha En. No. 191230793 Session: 2020-21	MAPC (IGNOU) Programme (PG)	Anxiety and Achievement Motivation among Adolescent (age 14 to 16)
2	Mukta Revannath Shinde En. No. 195571811 Session: 2020-21	MAPC (IGNOU) Programme (PG)	Psychology of Workplace Design
3	Ms. Pramila Nivritti Warghude En. No. 195541589 Session: 2020-21	MAPC (IGNOU) Programme (PG)	Challenges Faced by Working Women and The Impact of Marital Status on their Mental Health
4	Nidhi En. No. 194651400 Session: 2020-21	MA Clinical Psychology Programme (PG) (IGNOU)	Internet Addiction and Loneliness Contributing to Suicidal Ideation among Adolescents
5	Mr. Anand Kumar En. No. 2002094912 Session: 2020-21	Master of Arts (Psychology) (MAPC) (PG)	An Investigation of Gender Differences and Parent-child Relationship in Leadership Style among Students"
6	Rajesh Kumar Khatri En. No. 168761201 Session: 2020-21	MAPC (IGNOU) Programme (PG)	Personality and Stress among adolescents of Alcoholic and Non Alcoholic Fathers: A Comparative Study in North West Delhi.
7	Mr. Shahrukh Enrolment number 181058359	Master of Arts (Psychology) (MAPC) (PG)	A Study on Copying Behaviour And Emotional Intelligence Among Learning Disabled Children
8	Ms. HIRAN CHETRY Enrolment number 2000970472 Session: 2020-21	Master of Arts (Psychology) (MAPC) (PG)	Psycho-Social Problems of Adolescent Girls Related To Their Family Life, Educational Life and Emotional Behaviour in Delhi
9.	Sreeja Reddy	Master of Arts	Role of Emotional Intelligence And Mental Skills

	Velkooor, 2000648759	(Psychology) (PG)	Among Adolescents
10	Saikat Debnath, En. No. 198348754	Master of Arts (Psychology) (MAPC) (PG)	Relationship between Psychological Empowerment and Quality of Work Life and their impact on Organizational Commitment : A study of Frontline Employee Behavior in Indian Service Industries

Course/Conference/Workshop organized

1. **Co-Convener of One Day National Webinar on Positive Approach Towards the National Education Policy 2020 (5th August, 2021)**, Organised by Dept. of Psychology, Rajiv Gandhi University (A Central University), Rono Hills, Doimukh, Arunachal Pradesh, India.
2. **Co-Convener of One Day National Webinar on National Education Policy 2020: A Psychological Perspective (10th August, 2021)**, Organised by Dept. of Psychology, Rajiv Gandhi University (A Central University), Rono Hills, Doimukh, Arunachal Pradesh, India.
3. **Co-Convener of Two Days National Conference on Adaptability in Crisis: Psychology, Education and Society (17th & 18th August, 2021)**, Organised by Dept. of Psychology, Rajiv Gandhi University (A Central University), Rono Hills, Doimukh, Arunachal Pradesh, India.
4. **Co-Convener of Ten Days International Online Workshop (Equivalent to FDP) on 21st Century Skills for Personal and Professional Life (23rd August to 1st Sept. 2021)**, Organised by Dept. of Psychology, Rajiv Gandhi University. In collaboration with SOIOP, Banaras Hindu University, & Dept. of Social Work, Rajiv Gandhi University (A Central University), Rono Hills, Doimukh, Arunachal Pradesh, India.

Course/Conference/Workshop etc. attended

1. **Attending Online One-Month Faculty Induction/Orientation Programme (19 October to 18 November 2021)** organised under the Ministry of Education sponsored Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) scheme in collaboration with Shaheed Sukhdev College of Business Studies, University of Delhi.
2. Participated in **One Week National Online Faculty Development Programme on Technology-Enabled Learning in Higher Education During 23 to 28 August 2021**, under the aegis of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT), Organised by School of Education, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, Wardha (A Central University).
3. Participated in **One Week Online Workshop on Assessment and Management of Strength, 18-24 June 2021**, Faculty of Physical Education and Sports Sciences (A Centre of Excellence on Sports Science Education and Research) IQAC in Collaboration with Rajiv Gandhi University, Arunachal Pradesh.
4. Participation in **One Day National Webinar Commemorating The International Labour Day on title "Quality of Life and Workforce amid Pandemonium of COVID-19"** conducted by Dept. of Sociology & Dept. of Food Technology on 1st May 2021 at Rajiv Gandhi University, Rono, Hills, Doimukh, Arunachal Pradesh, India.

5. **International Webinar on “Yoga, Ayurveda and Immunity” 1st and 2nd July, 2020**, Organized by Dept. of Yoga, Indira Gandhi University, Meerpur, Rewari, Haryana.
6. **Faculty Development Programme on MOOCs and MOODLE based Learning Management System**, from June 15-22, 2020, Organized by Indira Gandhi University, Meerpur, Rewari, Haryana.
7. **One Week e-Workshop on “Practical Approach to Data Analysis”** from 8th June to 14 June 2020, Organized by Indira Gandhi University, Meerpur, Rewari, Haryana.
8. Participation in **National Webinar on ‘Enhancing Mental Health in Uncertain Times’** from 17 to 18 May 2020, Organized by Dept. of Psychology, Arya Mahila P.G. College, Chetganj, Varansi, U.P.,
9. **Seven Days Online National Level Faculty Development Programme** Organised by Dept. of History, Faculty of Social Science, Ch. Bansi Lal University, Bhiwani, Haryana, from May 14 to 20, 2020, on **“Advances in Research Methodology and Data Analysis”**
10. **Participation in National Webinar on E-Learning Challenges and Opportunities on 15th May, 2020**. Organized by dept. of Education in Association with open and Distance learning centre of Kavikulaguru Kalidas Sanskrit University, Ramtek, Nagpur, Maharashtra.
11. **Capacity Building Workshop on “Online Teaching-Learning for Faculty through Digital Mode”** 8th May 2020, Organized by Indira Gandhi University, Meerpur, Rewari, Haryana
12. Participation in Webinar on **‘Challenges to life style and mental health in Covid era’** organized by Sri Aurobindo College (Evening), Unvierstity of Delhi, 1st May 2020.
13. **Ten Days Research Methodology Course for Ph D Students in Social Science, Sponsored by Indian Council of Social Science Research (ICSSR New Delhi)**, from 7th to 16th February, 2015. Organized by Department of Forestry & Natural Resources, HNB Garhwal (A Central) University, Srinagar-Garhwal, Uttrakhand.
14. Participation in workshop on **Projective Testing TAT WAT & SCT**, 12-14 Jun 2014, in Indian Institute of Psychology Noida.
15. Participation in workshop on **Projective Testing Rorschach & Somatic Inkblot Series**, 12-14 Jun 2014, in Indian Institute of Psychology Noida
16. **Three Days Targeted Training on “Basics of Research Methodology”** from 15-17 April 2014 at Defence Institute of Psychological Research, DRDO Delhi.
17. Participation in **HR Conclave-2014, Leadership for Sustainable Growth**, Organized by Indian Oil Corporation Limited (Pipelines Division) on 18th January 2014, Noida.
18. Participation in International conference on **‘Technology, Innovation and Social Change’ Tata Institute of Social Sciences, Mumbai** (22-24 Jan. 2013)
19. Participation in Special Training Programme on **“Dealing with Critical Issues in Applied Psychological Research”** in Defence R & D Organisation (5-6 Nov. 2012) Delhi.

20. One Week Research Methodology Course on “Applied Research Techniques using SPSS in Social Sciences” from 15 Oct. to 19 October 2012, in Centre for Jawaharlal Nehru Studies, Jamia Millia Islamia.

Courses/Work Related To Sports Psychology

1. Participation in **Virtual International Conference on “Recent Advances and Challenges in Sports Rehabilitation”** 5-7 June 2021, organized by Faculty of Allied Health Sciences, Manav Rachna International Institute of Research & Studies., Faridabad.
2. Participated in **Two Days Pre Conference Workshop on Sports Psychology** Course in SAICON, from 5th December to 6th December 2017, Organised by Sports Authority of India, JN Stadium, Lodhi Road, at New Delhi.
3. Worked as a Sports Psychologist with Indian Senior Shooting Team, Coaching Camp of **Indian Shooting Team Selected to Participate in ISSF World Cup New Delhi**, India at Dr. Karni Singh Shooting Ranges, Tughlakabad From 9th to 21 February, 2017.
4. Participation in **One Day Training Programme on Sports Vision Training** Instruments (Eye Hand Coordination) at Human Performance Lab. Sports Authority of India, Delhi, on 16th September 2016.
5. Participation of 5th **AFC Medical Conference, from 30th November to 2nd December 2015**, Organised by Asian Football Confederation (AFC), AIFF, FIFA, at New Delhi.
6. Completed **Two Days Sports Physiotherapy Preconference** Course in 5th AFC Medical Conference, from 28th November to 29th November 2015, Organised by Asian Football Confederation (AFC), AIFF, FIFA, at New Delhi.

Paper Presented in National Conference/Seminar

1. Predictors of Suicidal Ideation among Female Married Professionals. 2 Days National Conference on Adaptability in Crisis: Psychology, Education and

Society (**17th & 18th August, 2021**), Organized by Dept. of Psychology, Rajiv Gandhi University (A Central University), Rono Hills, Doimukh, Arunachal Pradesh, India.

2. Psychological Viewpoint of Pandit Madam Mohan Malviya (PMMM), **30 Jan 2019**, One day National levels Talk on PMMM, Organised by Dept. of Education, Central University of Haryana, Mahendergarh.
3. Social skills in relation to quality of life among youths. National Seminar on Health and Well-Being: Recent Developments and Challenges. Dept. of Psychology, Jamia Milia Islamia, New Delhi, **12-13 Nov. 2014**.
4. Anxiety, Depression and Mental Health Status among old age. Old Age: Psycho-social and Biological Problem and Management **March 2 & 3, 2013**, Dep. Of Psychology, Jai Narain Vyas University, Jodhpur 342001 (Rajasthan)
5. Paper presented in defence institute of psychological research “अखिल भारतीय राजभाषा हिन्दी वैज्ञानिक संगोष्ठी, मुख्य विषय: एल आई सी वातावरण मे सैन्य तत्परता” 12-13 फरवरी 2013.
6. Happiness in relation to Social Skills and Self-Esteem in 2nd Indian Psychological Science congress **05-06 October, 2012** Dept. of Psychology, P.G. Govt. College, Sec. 46, Chandigarh.
7. Personality correlates of Depression in National Seminar **26-27 March 2011** in Maharishi Dyanand University Rohtak (Haryana).

Paper Presented in International Conference/Seminar

1. Gandhi Ji Personality Traits: The Psychological Interpretation. Annual International Conference, held on **11 & 12 October 2021**, Organized jointly by Departments of English and Social Work, Rajiv Gandhi University Arunachal Pradesh.
2. Mental Health Problems at Workplace: A review. 54th National and 23rd International Conference of Indian Academy of Applied Psychology (IAAP)" **14-16 Feb. 2019**, Organised by Dept. of Psychology, Kurukshetra University Kurukshetra, Haryana, India.
3. Psychological Benefits of Exercise and Physical Activity. International Conference on Positive Psychology for Health and Well Being, **09-10 March, 2018**, Organised by Dept. of Applied Psychology, Guru Jambheshwar University of Science & Technology, Hisar, Haryana.
4. Role of General Health Problems and Negative Affect in Suicidal Ideation among Married Professionals. International Conference on Youth and Well Being, **11-12 Nov. 2016**, Organised by Dept. of Applied Psychology, Guru Jambheshwar University of Science & Technology, and Community Psychological Association of India (CPI), Hisar, Haryana.
5. Self-Awareness: The Key to Effective Leadership. 50th National and International Conference of the Psychology, Indian Academy of Applied Psychology, **23rd to 25th January 2015** at Department of Psychology, Sri Padmavathi Women's Degree & PG College, Tirupati, Andhra Pradesh.
6. Loneliness among Youth: Role of Daily Stress and Perceived Social Support. 3rd International Conference on Psychology and Allied Sciences, Amity University, Noida, **25-27 Sep. 2014**.
7. Role of Mental Health and Depression in Suicidal Ideation among Married Professionals. 3rd International Conference on Psychology and Allied Sciences, Amity University, Noida, **25-27 Sep. 2014**.

8. Paper presented in DESIDOC, “सामाजिक कौशल और खुशी में संबंध” अंतराष्ट्रीय सम्मेलन विश्व की प्रगति में विज्ञान तथा प्रौद्योगिकी का योगदान, 5-7 दिसम्बर, 2013, DRDO, Metcalf House Delhi.
9. Happiness in relation to Social Skills and Self-Esteem among youths. 2nd International Online Conference on Psychology and Allied Science, 21-22 March 2013, GJU & ST, Hisar.

Invited Talks/External Expert

1. **A online Talk on Parent Orientation on Psychological Wellbeing of Children**, 20 June 2021, 4:00 PM, at Saraswati Vidya Niketan School, Ambala Kent, Haryana, India
2. **Online Talks on “The Awakening of Mental Health”** at National level One day interactive session on Managing Mental Health and Coping in the Pandemic, 18th May, 2021 at 2:30 to 3:30 PM. Rajiv Gandhi University,
3. Invited as an **External Examiner in Wold Class Skills Centre (DPSRU)**, for the course of Sports Digitalization and Performance Management, Communication Skills, Internship/Project Report, to **conduct Practical Examination & VIVA VOCE on 22 Feb and 25th Feb. 2021**, at Delhi Pharmaceutical Science & Research University (DPSRU), Pushp Vihar, Sec.-III, New Delhi-110017.
4. Invited as an **External Examiner for MSW III Semester** to conduct Seminar Presentation and Viva-Voce on 17th FEB., 2021, at Dept. of Social Work, Indira Gandhi University, Meerpur, Rewari (Haryana).
5. **WORLD MENTAL HEALTH DAY, 10 Oct. 2020**, 12: 30 to 2:00 PM, Panel Discussion, Organised by AIBAS, AMITY UNIVERSITY, RAJASTHAN, INDIA.
6. A Lecture on **"Contemporary Psychology"** on 13th Feb. 2019, at D.A.V. (P.G.) College, Karnal-132001 (Haryana).
7. Invited as an **External Examiner for B.Sc (N & D) II Semester** to conduct practical examination on 03-05-2018, at Manav Rachna International Institute of Research and Studies, Faridabad (Haryana).
8. A Lecture on **"Emerging Field in Psychology"** on 11th Feb. 2017, at D.A.V. (P.G.) College, Karnal-132001 (Haryana).

Sponsored Project

Title of the project	Funding agency	Year of sanction	Role
Not Applicable			