

Personal Profile



Mr. Sangey Tsering
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Educational Profile

M.P.Ed Subject: Sports Biomechanics.
 Specialization: Football.

B.P.Ed Subject: Physical Education.
 Specialization: Football.

Professional Experience

Physical Instructor: Central Institute of Himalayan culture studies, Dahung, West Kameng, Arunachal Pradesh. April, 2016-till September, 2021

Physical Education Teacher: Delhi Public School Guwahati. March, 2015- March, 2016

Head Coach, Arunachal Pradesh State Football 20 September, 2019- November, 2019

Administrative Experience

- Central Institute of Himalayan culture studies, Dahung, West Kameng, Arunachal Pradesh.
- Overall in-charge of sports and games activities, fitness program, intra-murals & extra-murals competition at CIHCS. **2016-2021**
- Boys Hostel Warden **2019-2021**
 - NSS Programme officer. **2018-2021**

- Sports and adventure club coordinator. **2019-2021**
- Member of the disciplinary committee of the institute **2019-2021**
- Member of the formulation of Hostel Manual. **2021**
- Teacher in charge for health. **2016-2019**
- Member of the Hostel management committee. **2019-2021**
- Member of Mess Committee. **2019-2021**
- **Convener** of Annual Sports week. **2017,2018 & 2021**
- Member of the exam committee **2017**
- Member of printing & Publicity committee for National conference on Buddhist Education. **2018**
- Member of National Seminar on Buddhist Philosophy-2019. **2017**
- Escort for excursion **2017**
- Representer of CIHCS for Rashtriya Sanskrit Mahotsav. **2017**
- Coordinator of Buddhist education and awareness programme. **2017**
- Member of Assets Verifying Committee. **2018**

Awards & Honours

1. Qualified Asian Football Confederation B License, 2019
2. Qualified Asian Football Confederation **Gk-Level-1**, 2021
3. Qualified Asian Football Confederation **C License**, 2016.
4. Qualified All India Football Federation, **D License**, 2016.
5. Qualified UGC-NET 2014.

Membership of Professional Bodies

Research Interests

- . **Sports Biomechanics**
- . **Sports Psychology**
- . **Exercise Physiology.**

. Football

Research Publications

1. Latest Trends in Fitness and Wellness: Kumbhkar, Devendra.; Tsering Sangey.; *National Seminar on Fitness & Wellness*, **2014**. 204-207. ISBN- 978-81-89983-65-9.
2. Mental Toughness among Sportspersons of selected professions: a comparative study: Yadav, Kumar Arun.; Tsering, Sangey.; *National Seminar on Fitness & Wellness*, **2014**. 141-145 ISBN- 978-81-89983-65-9.

Patent

Book/Book Chapter published

1. NIL

Research guidance

Post-doc fellow

1. Nil

Ph.D scholar

1. Nil

Course/Conference/Workshop organized

1. Nil

Course/Conference/Workshop etc. attended

1. International e-Conference on Sports & Allied Sciences on, Post COVID-19 Challenges on Health and Sports Performance, Organized by Department of Exercise Physiology, L.N.I.P.E., Gwalior (India), 2020.
2. Successfully completed International Professional Scouting Course under IPSO & AIFF, 2019.
3. Successfully completed International Professional Scouting Workshop on Scouting, 2019.
4. Attended International Coaching conference conducted by AIFF, 2020.
5. Participated in National Seminar on Buddhism and the modern world organized by Ministry of culture, Govt. of India coordinated by CIHCS, Dahung from 3rd to 5th September, 2014.
6. Attended National Conference on Exercise Physiology and Sport Science organized by the Department of Exercise physiology at LNUPE, Gwalior from 31st Jan. to 2nd Feb., 2013.

7. 3. Attended National Workshop on Introduction to new age Physical Education-a Management perspective organized by the Department Of sports Management & Mass communication LNIPE, Gwalior and Leap start, Bangalore, on 16th January 2012.
8. 5. National Workshop on Measures and Exercise Physiology organized by LNUPE, Gwalior from 2nd and 3rd Sep 2011.

Sponsored Project

Title of the project	Funding agency	Year of sanction	Role
