

Education & Research, Chennai and Arunachal Olympic Association to jointly collaborate and work to promote research and innovation in sports science in the Universities/Institutes so as to bring up the research in sports at par with international level leading as high performance centers through scientific training to sports persons.

## Objective of the seminar

The seminar will be organized with the following objectives:

- To attempts to shed light the status of women's empowerment in India through games and sports and highlights the issues and challenges of women empowerment in the field of physical education and sports.
- Operating as a clearing house for sharing research, information, ideas and good practices and promoting research into problems and issues relating to the female athlete
- Accelerate efforts to promote women's leadership and equality in governance models, prevent and respond to gender-based violence, close the gap in investment in women's sport and promote equal economic opportunities, promote women's equal participation and bias-free representation in media, and provide equal opportunities for girls in sport, physical activity and physical education
- To help the women in sport and to meet, exchange and share ideas on best practices and create and strengthen a network of all women involved in sport in India

## Sub-Theme of the Seminar

- Benefits for women and girls of physical activity and sports
- Benefits of women's participation for sports and society
- Career in women participation in sports
- Media and women participation in Sports
- Research on women and sports
- Enhancing women's confidence and leadership through sports
- Challenging stereotypes and reducing discrimination
- Clothing and girls' participation in sports
- Gender equality and empowerment of women through Sports
- Sports Training, Sports Biomechanics, Sports Physiology, Sports Psychology, Sports Nutrition
- Yoga
- Sports Management, and Sports Equipment

**Award for Best Paper: The best innovative paper will be awarded**

## Sub-Theme of the Seminar

Submission of Abstract & Full length paper : **5th November 2022**  
 Notification of Acceptance : **6th November 2022**  
 Last date of Registration : **7th November 2022**

## Instructions for submission of abstract and full paper

**Abstract:** This section should detail the problems, experimental approach, major findings and conclusion in one paragraph. Avoid abbreviation, diagram and references in the abstract. Keywords: Author(s) must give about 4-6 key words which can identify the most important subjects covered by the paper. They must be placed at the end of the abstract. (Approx. 250 Words)

The title should be concise, and the author's name, affiliation, and E-mail should be placed below the title.

Typing Format for full paper: space-double space, font style- Arial, font size-12 (Title of the paper-14), format MS word format 97-2000. Authors have to follow APA 7th edition referencing style while preparing their manuscripts.

Format for full paper: Title of Paper, Introduction Related to Topic, Objectives, Methodology, Sampling Method, Tools for Data Collection, Statistical Analysis of the Data with Tables and Figures, Result/ discussion of Findings/Conclusion and References etc. The selected peer-reviewed papers shall be published by a reputed publisher with ISSN/ISBN

## Link for registration and sending paper

<https://forms.gle/SxafxPxybxBgZmZk6>

Email: [seminar.ped@rgu.ac.in](mailto:seminar.ped@rgu.ac.in)

## Registration and accommodation details

Category	Upto November 7, 2022	November 8-15, 2022	Spot Registration
Delegates	₹2000/-	₹2500/-	₹3000/-
Research Scholars/ Students	₹1500/-	₹2000/-	₹2500/-
Local Delegates	Without accommodation: ₹1000/-	Without accommodation: ₹1200/-	Without accommodation: ₹1500/-
Local Research Scholars/ Students	Without accommodation: ₹800/-	Without accommodation: ₹1000/-	Without accommodation: ₹1200/-

## Account details for registration

The registration fee needs to be paid through bank transfer, the details of which are given hereunder:

Bank Name : Bank of Baroda  
 Account Name : HoD, Physical Education  
 Branch : Arunachal University, Doimukh  
 Account No. : 83420100002870  
 IFSC Code : BARBOVJARUN

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Zero

For Research Scholars/Students identity proof has to be submitted.  
 Registration Fees includes seminar kit, High tea, Lunch & Dinner. Free accommodation shall be provided outstation participants on a shared basis.

## Conference venue and route direction

The conference will be held in the campus of the Rajiv Gandhi University, Rono Hills, Doimukh, Papumpare, Arunachal Pradesh situated a top Rono Hills on a picturesque tableland. In November, the average high-temperature slightly decreases from a moderately hot 26.6°C (79.9°F) in October to a still warm 23.6°C (74.5°F).

Participants can reach Guwahati by Train/ Flight. The Nearest Airport is Guwahati and Dibrugarh.

1. Lokpriya Gopinath Bordoloi International Airport (GAU), Borjhar, Guwahati: from airport to Rajiv Gandhi University campus is 345 km.

From Guwahati Railway Station take a train to reach RGU and Get down at Harmuti/Gumto Railway Station

Train no	Guwahati time	Harmuti Rly station	Gumto Rly station
GHY NHLN VISTAD (12088): Runs On: Mon Thurs Sunday	13:45	19:13	-
DONYI POLO EXP (15817): Runs On: All days	23:15	-	6:15

2. From Mohanbari Dibrugarh Airport to Rajiv Gandhi University campus is 190 km. One can reach by private taxi or train. If your are coming by train get down at Harmuti Railway station

Train no	Dibrugarh Railway station	Harmuti Rly station
TSK NHLN VISTA (15907): Runs On: Tue Wed Fri Sat Sun	15:00	18:15

3. From New Delhi Railway Station: Get down at Harmuti Railway station

Train no	ANAND VIHAR TRM Railway station	NEW DELHI	Harmuti Rly station
ARUNACHAL EXP (22412): Runs On: Thurs Sun	16:45	-	05:10
DBRG RAJDHANI (20506) Runs On: Thurs Sun	-	11:25	23:20

Distance from Harmuti Railway station to RGU=12 Km

Distance from Gumto Railway station to RGU=5.5 Km

## Contact details

**Dr. Sambhu Prasad**  
 Organising Secretary  
 Contact no.: +918132977221

**Mr. Sangey Tsering**  
 Joint Organising Secretary  
 Contact no.: +917628810197

Seminar email id: [seminar.ped@rgu.ac.in](mailto:seminar.ped@rgu.ac.in)

University website: <https://rgu.ac.in/>



## TWO DAY NATIONAL SEMINAR ON WOMEN IN SPORTS TODAY AND BEYOND

November 21 - 22, 2022

Organized by  
 Department of Physical Education and Sports Sciences  
 Rajiv Gandhi University (A Central University)  
 Arunachal Pradesh

In support of  
 National Commission of Women  
 Government of India, New Delhi



## SPECIAL GUEST



Ms. Lovlina Borgohain  
Indian boxer

## EMINENT SPEAKERS



Prof. J. P. Verma  
Vice-Chancellor  
Sri Sri Aniruddhadeva Sports  
University of Assam, Assam



Prof. Vivek Pandey  
Vice-Chancellor (Officiating)  
LNIPE, Gwalior



Prof. M. Sundar  
Vice-Chancellor,  
Tamil Nadu Physical  
Education And Sports  
University, Chennai

## ORGANIZING COMMITTEE

## Chief Patron



Prof. Saket Kushwaha  
Vice-Chancellor  
Rajiv Gandhi University,  
Arunachal Pradesh

## Patrons



Prof. A. Mitra  
Pro-Vice Chancellor,  
Rajiv Gandhi University,  
Arunachal Pradesh



Dr. N. T. Rikam  
Registrar,  
Rajiv Gandhi University,  
Arunachal Pradesh

## Programme Director



Prof. T. Lungdim  
Dean, Faculty of  
Physical Education & Sports Sciences,  
Rajiv Gandhi University,  
Arunachal Pradesh

## Convener



Dr. Anil Mili  
Assistant Professor & Coordinator,  
Sports Sciences,  
Department of Physical Education, RGU

## Organizing Secretary



Dr. Sambhu Prasad  
Associate Professor & Head,  
Department of Physical Education  
& Sports Sciences, RGU

## Joint Organizing Secretaries



Mr. Sangeet Tsering  
Assistant Professor  
Department of Physical Education



Dr. Vivek Kumar Singh  
Assistant Professor  
Department of Physical Education



Dr. Tadang Minu  
Assistant Professor  
Department of Physical Education



Dr. K. Rojeet Singh  
Assistant Professor  
Department of Physical Education

## ADVISORY COMMITTEE

1. **Dr. B. C. Kapri**, Professor, Department of Physical Education, BHU, Varanasi (U.P)
2. **Dr. Subhash Basumatary**, Former Regional Director at SAI, Guwahati, Assam
3. **Dr. G. Kishore**, Principal & Regional Director, SAI LNCPE, Trivendrum, Kerala
4. **Dr. Guru Dutt Ghai**, Professor, Laxmibai National Institute of Physical Education (Deemed University), Gwalior (M.P.) India
5. **Dr. Brij Bhushan Singh**, Professor, Dept. of Physical Education, Aligarh Muslim University, Aligarh
6. **Dr. Anil Ramachandran**, Professor, Dept. of Physical Education & Sports Science, Kannur University, Kannur, Kerala
7. **Dr. Pushkar Vohra**, Director, CBSE, Ministry of Education, Government of India, New Delhi
8. **Dr. G. S. Ruhel**, Sports Officer, CCS University, Meerut (U.P)
9. **Dr. Prasanta Kumar Das**, Professor & Head, Dept. of Physical Education, Tripura University, Tripura
10. **Dr. Shankar Basumatary**, Professor & Dean, LNIPE, NERC, Guwahati
11. **Dr. Rajesh Kumar**, Professor, Dept. of Physical Education, Osmania University, Hyderabad
12. **Dr. P. Ravi Kumar**, Professor, Dept. of Physical Education, NIT, Warangal
13. **Dr. L. Santosh Singh**, Dept. of Physical Education & Sports Sciences, Manipur University, Imphal

## About Arunachal Pradesh

Arunachal Pradesh, meaning "Land of the Rising Sun," long has been a recognized region of the Indian subcontinent, receiving mention in such ancient Hindu literature as the Kalika-purana and the epic poems **Mahabharata** and **Ramayana**. Formerly known as the North East Frontier Agency (NEFA). Popularly known as 'Land of the Dawn-lit-Mountains'. Located on the northeastern tip of India with its borders touching China, Bhutan and Burma (Myanmar), this beautiful land is endowed with dazzling array of flora and fauna that is sure to allure any tourist. More than 500 rare species of Orchids are found in the dense jungles of Arunachal Pradesh. Arunachal Pradesh finds its mention in the literature of Kalika Purana and the great Hindu Epic Mahabharata. It is believed to be the Prabhu Mountains of the Puranas. According to a Hindu mythological legend, Arunachal Pradesh was the place where sage Parshuram washed away his sin, sage Vyasa meditated, King Bhishmaka founded his kingdom and Lord Krishna married his consort Rukmini. Tribal peoples in Arunachal Pradesh wear distinctive garments and headdress. The art of weaving is especially important, and textile designs are unique to each group.

Most of Arunachal Pradesh's terrain consists of deep valleys flanked by highland plateaus and ridges that rise to the peaks of the Great Himalayas. The major rivers of the state are the Brahmaputra and its tributaries—the Dibang [Sikang], Lohit, Subansiri, Kameng, and Tirap. Arunachal Pradesh's diverse terrain, climate, and soils are reflected in its fauna and flora. About two-thirds of the state is forested, with a wide belt of swampy rainforest lying along the foothills.

## About Rajiv Gandhi University

Rajiv Gandhi University (formerly Arunachal University) is the premier institution of higher education in the state of Arunachal Pradesh completing thirty-seven years of its existence. Late Smt. Indira Gandhi, the then Prime Minister of India, laid the foundation stone of the University on 4th February 1984. Subsequently, it started its postgraduate teaching from the academic session 1988-89 at Rono Hills, where the present campus is located. The University was converted into a Central University by an Act of Parliament of India which came into force from 9th April 2007 as per a notification of the Ministry of Human Resource Development (MHRD), Government of India. The campus at Rono Hills is nestled on a picturesque tableland in the outskirts of Itanagar, the capital of Arunachal Pradesh. It is at a distance of 6.5 km from the National Highway 415 which leads to Itanagar. Rajiv Gandhi University with its motto "Vidhyamritshnute" i.e. "Excellence and Immortality through nectar of Education" has been striving to maintain high standards in both teaching and research. Years of concerted efforts have shown the signs of qualitative and quantitative progress. The university boasts of its sea of alumni. An Alumni Association of the University is functional. In a span of around four decades (39 years), the Rajiv Gandhi University has matured into an institution with proven academic excellence, social commitment and cultural interest with a clear vision for its future growth.

## About the Department of Physical Education

Department of Physical Education constituent units of Rajiv Gandhi University (A Central University) established in the year 2015 to promote physical education and develop an interest among people regarding the need and importance of sports and exercise which is a medium to improve the community health. In Arunachal Pradesh department of physical education is the lone department. The syllabi of the courses are so designed as to prepare professionally qualified leaders and teachers in physical education. The infrastructures developed are as per the NCTE standard and norms. A team of competent and dedicated teachers are engaged in relentless pursuit of excellence in Physical Education and Sports for health, fitness and wellness of the citizens. Department was offering Bachelor of Physical Education (B.P.Ed.) since its inception and full time Doctor of Philosophy (Ph. D) programme from 2019-20 onwards. The department conducts various activities under its extension programme, and also provides yoga classes, football training, boxing training, leadership camp. As per the need of hour, department organised workshop, webinars, invited lectures etc to provide latest information to the aspirants of Physical Education and Sports Sciences.

## About the Centre of Excellence &amp; Department of Sport Sciences

The Centre of Excellence was established at Rajiv Gandhi University, Rono Hills, Doimukh Arunachal Pradesh funded by Ministry of Youth Affairs and Sports (MYAS), Government of India during 2020 under the MYA&S, GOI Scheme of NCSSR. The Department has courses like Certificate, Master's and Ph.D. degree programmes in the core areas of sports sciences (Exercise Physiology, Sports Biomechanics, Sports Anthropometry, Strength Training & Conditioning and Sports Training), aimed at improving sports assessment and research to International standard. Qualified and specialized faculty with well-equipped labs along with a comprehensive learning environment offered will provide the students a perfect atmosphere to excel in this emerging area with unlimited opportunities. Rajiv Gandhi University has also signed an MOU with Ministry of Youth Affairs & Sports, Government of India, Sri Ramachandra Institute of Higher