The Dikrong Express

The newspaper you believe in



SNIPPETS

Arunachali weightlifter bags Gold in Northeast Olympic Games

Itanagar, 14 Nov: Sandhya Gungli, daughter of SathurganGungli of Arunachal Pradesh from village Kafla East Kameng won the state's first weightlifting medal in the 2nd edition of Northeast Olympic Games, held on 19th to 16th November 2022. She won a gold medal in a 45 kg women category. She lifted 47kg in snatch and 69kg in clean and jerk which totaled to 116 kg. She added that she got all her support and blessings from her family and coach throughout her journey. She shared a message for thwe youth saying never to give up and keep strong in mind, to achieve the destination we should be strong enough to face any kind of circumstances, always give inspiration to oneself before the others."

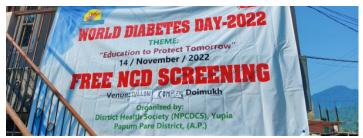
Hotel Engulfed In Flames: Lakhs of rupees lost

Nirjuli, 14 Nov: Around 8:30 am on 13 November, Rai Hotel was caughton fire due to some gas leakage. 6workers who were inside the hotel tried to put out the fire but could notand had to escape the burning Hotel. Contd on page 3...

Publisher's Note

The 1st Semesterstudents of Mass Communication brings you an issue of The Dikrong Express. The edition has been specially designed by the department for enhancing the skills of being a media person. The contents are specially crafted to explore various news stories of the state which are directly and indirectly affecting each one of us. Please do write in with your feedback to masscomm.rgu@gmail.com. We will await your words as you will, hopefully, ours.

World Diabetes Day Celebrated



Doimukh, 14 Nov: On 14th Nov 2022, the World Diabetes day camp was organized by the District Health Society {NPCDCS}, on the theme of "Education to protect tomorrow" which was held in Doimukh Tollon Complex, the motto of the camp was to create awareness among the public to prevent Diabetes causes. Dr. Rina Ronya was the leading officer in charge of the camp, Designated as the National Council for Prescription Drug Programs.

Dr. Lopsang Chuki the staff in charge officer stated that people of age 30/above have the most chance to get Diabetes further she also added that the guideline is directly instructed by the Ministry of Health & Family Welfare and All kinds of checkups regarding diabetes-related like Sugar

tests, BP, BMI, kidney tests are done free of cost and that the medication and counseling are available free of cost as well but there is no service for the vaccine because they provide only minimal public needs. She later also added that after the covid-19 they don't get any funding and have to use money from their pocket which causes a lot of problems, she also emphasized that she is voluntarily doing the camp because it's not enforceable and beneficial for her, but it is for the public awareness, that the disease is non-communicable and curable as well.

Dr. Lopsang Chuki quoted that the main cause of diabetes is the change in the lifestyle of the people which includes money, food habits, and pollution.

Foundation Stone Laid For New ANSU Building

Itanagar, 14 Nov: The ANSU's New office building stone was laid by Shri Mama Natung, Hon'ble minister of sports and youth affairs, WRD and forest and environment in august presence of Shri Balo Raja, Hon'ble MLA of 18- Palin Constituency, Shri Tamme Phassang, Hon'ble mayor of Itanagar Municipal Corporation, Shri Talo Potom, IAS deputy commissioner of Itanagar Capital Complex, Smti Biri Shanti Nido, Z-PC Kamle cum President of All Arunachal Panchayati Raj Parishad, Shri Ha Tatu, Entrepreneur.

The new office building will be a G+2 in Tallang Hira Memorial Complex, Itanagar. All the BSU (Doimukh student's union, All Mengio student's union, All Tali area student's union) and many more student's union were present there at the auspicious occasion with public.

Contd on page 3...

16th celebration of Children's Day at St. Thomas residential school

Doimukh, 14 Nov: Joining the rest of the nation, St. Thomas Residential School, Doimukh celebrated children's day in remembrance of the birth anniversary of Pandit Jawaharlal Nehru, the first prime minister of India. The program was held in the auditorium of the school which was decorated nicely by the student themselves.

The chief guest of the pro-

gramme, Director of the school Joseph Dinu, talked to the students about Pt. Nehru and his love for the children. He said, "Nehru loved not only the children of India but of other country as well." He also informed the audience about the letter Smti. Indira Gandhi had written to her father, Pandit Jawaharlal Nehru.

Principal Kamlani Dash of the school also talked and threw light

on the life of the 1st Prime Minister of our country. Dance, songs, and skit competition was held among the students. Some of the students also delivered speech on Pt. Jawaharlal Nehru, the first prime minister of India.

The chief guest also distributed prizes to the young winners. The program ended with the national anthem and refreshments.

RGU Loses 6th Edition Cricket Tournament Against Prasar Bharati

Rono Hills,14 Nov: The 6th edition of the Arunachal PradeshCentral government inter department Cricket Tournament started from the 1st week of November at the RGU campus. In the semi-final,RGU Cricket Club loses in semifinal to PrasarBharati.

Dr. Odang Mara, Faculty in Department of Management, RGUand the Organizing Chairman of the tournament this year stated that the tournament is conducted every year to know each other well and to increase the friendship and mutual understanding between different departments and players.

Prasar Bharati (PB)stormed into the finals by beating RGUCC by 1 run. The team gave a target of 118 runs by losing 10 wickets and team RGU while chasing scored only 116 rounds losing 4 wickets. Sandeep Kumar Thakur of team PB won the player of the Match, he



secured 45 runs in 34 balls.

Dr. Mara informed that last year the event was hosted by NERIST but this year RGU is hosting the team with a joint fee payment of Rs 25000. The players of the University consisted of teaching and non-teaching staff of various de-

partment of the university. The other semi-final match between team India post and KendraVidyalaya No.1 will be held on 19th November. The final match of the tournament will be played on 20th November, with cash amount of Rs 50000 for the first prize followed by the second prize of amount Rs 30000.

Dr. Mara alsoadvised the players to not lose sentiments if they do not win since it is just a game. According to him the real winner is those who never gives up and wanting to play more until theysucceed.



LUCKNOW BAKERY AMBA TINALI NEAR N.K STORE OWNER - NANDLAL SAHANI



THOUGHT OF THE DAY

Ignorance is the curse of god; knowledge is the wing wherewith we fly to heaven

William Shakespeare

EDITORIAL

Technology: Boon or Bane

echnology is anything that makes our life easier. Computers, mobile phones, video games, internet are some of the technologies that the young generation mostly use.Information technology is a boon for the students and youths. Nowadays, everything is available online. Students can use the internet for study and collection of data. A lot of educational websites are available on the internet which provide quality education to the students. Studentscan easily get online books for study. The internet helps young people to learn new things and enhance their creativity. They can follow the expert on the internet and get inspired and motivated by them which can enhance their creativity. Students can create vlogs, blogs on the internet to express their ideas and creativity to others all the while making money out of it. Our young generation can also use the digital marketing or services. Information can be easily gathered and disseminated with convenience.

However, modern technology is also affecting the young generation negatively. The main purpose of education is to learn social skill i.e., how to communicate with other people in society. But with the excessive uses of modern technology the younger generation does not want to go outside and interact and communicate with other people. Some youngsters are addicted to excessive use of technology. They want only entertainment and so they play video games, watch movies, scroll on social media, and surf on the internet without limit. They can easily access inappropriate content from anywhere with the help of mobile phones and internet which can also cause unhealthy mental health issue. Some youngsters look at their mobile phones every few minutes to check new status, message or notification which leads to some form of addiction. Some people use technology to harass or bully others which in turn make the victim less confident, anti-social and causes depression. Some of the prominent negative effect of technology on the health of young generation include stress, depression, distraction, mood swing, eyesight. While we spend time on the internet, it is important to also have physical exercise and physical interactions with others. As the famous saying goes 'Too much of anything is the beginning of a mess'. As students and vouths, we must always strive towards finding the golden mean, finding the balance. When we lose the balance, we succumb to the evil. So, while technology has its boon, if used excessively it doesn't take time to change into bane.

Unattended Potholes and excessive dusts hampers commuters at Lekhi Road, National Highway 415

nattended potholes and excessive dusts at Lekhi Road which falls under National Highway 415 have been causing extreme inconvenience for the daily commuters in the last few months. The potholes which are been sighted by onlookers since last month have worsened in the last few weeks hindering all vehicular movements. It is significant to note that the particular road has been in the news few times already in last few years, wherein the highway was completely filled by waters and pothole during the rainy seasons. However, after much pressurization from the public and the Media the road was restored just recently in the month of April. 2022, when the capital DC TaloPotom himself came and looked up for it.It also raises a series



Patai Giri Basumatary

of questions and doubts against the incompetence shown by the highway authorities time and time again. It leaves us pondering why the authoritieslag behind in performing their duties until there is a grumble among the public and the Media?

Many students from RGU who commutes on a daily basis on this particular road told this reporter that they are facing a lot of problems from

the potholes and the dust, sometime their vehicles are getting damaged, their eyes are being affected by the dusts and some major health issues are also caused. They also stated that the highway authority should sprinkle some water, which will reduce the dusts from the road.

Some of the pertinent question that arises among the commuters is whether the state is seriously thinking about the pollution. How long will the road last? Will the highway authority still wait for the people to question if the roads are not maintained on time.

As the winter arrives, and the rain will be low, everyone hopes that the work on the highway will be accelerated and we will have a good nice highway.

Cases of cancer in Arunachal Pradesh

Since a decade ago, the rise in cases of cancer in the state has soared several times fold.Northeast is known as the cancer capital of our country. Cancer is among the top five leading causes of death in Arunachal Pradesh.The report released by the Indian Council of Medical Research (IMCR) and the national center for disease informatics and Research (NCDIR), 2020 has found that the district of Papum Pare has the highest rate of cancer all over the country amongwomen. Meaning 1 in every 4 females is prone to cancer in their lifetime. While the district also scores 5th on the list for male cases of cancer. According to Population Based Cancer Registry (PBCR) every 1 in 5 males is prone to cancer among the age 0-74. A total of 5,58,546 making up 41.50% of the total population have been diagnosed with cancer in Arunachal Pradesh.

One of the valid reasons behind such high rates of cancer cases and mortality rate in the state is the lack of proper infrastructure to fight the disease and another reason is the lifestyle of the individuals. According to PBCR, around 24 % and 12% of all cancers in males and females respectively associated with the use of tobacco. Early detection is when cancer is found in its early stages, this can increase the effectiveness of treatment and lower the mortality rate. Cancer screenings may help detect signs of cancer early. However, poor health system response and

Koj Tarun

preparedness with a low screening ofcancers make early detection hard and as a result a high mortality rate due to cancer in Arunachal Pradesh is more

Some of the key findings in the causes of cancer in Arunachal Pradesh, according to the survey by IMCR are high intake of preserved, salted, fermented, and smoked foods; high use of chewing tobacco high exposure to secondhand

smoke at home and workplace.

"Prevention is better than cure." Treatment of cancer can take a huge toll on our bodies, and the rate of recovery from cancer is varied. Some of the cancer has a high recovery rate meanwhile some are almost uncurable. So, a regular body checkup, exercising regularly, a healthy diet, and avoiding toxic substances can help in the prevention of cancer in the long run.

Why do we need cancer awareness in Arunachal Pradesh?

The need for cancer awareness should be more intensified, with rising cases of cancer, the citizens need to know and learn about precautions and causes of cancer through awareness program. People should learn how to detect the symptoms and get diagnosed for early detection for cancer. Such awareness program not only saves lives but improve their lifestyles as well. We all should hope for a cancer free Arunachal Pradesh.

Sexual abuses in India

ndia is known to be the second most populous country in the world and is home to 430 million children, which means 18% of the children of the world. Sexual abuse in India is a growing concernbecause millions of boys and girls are being sexually abuseddailyand are expected to abide by and respect without any questioning of their actions.

Sexual abuse iswhen a person vehemently forces themselves into having physical or touching without concern or forcing the victim sexually. sexual abuse is a form of mistreatmentof children and aggressive behavior towards them.

The statistics show that in India every 155 minutes a child is raped, and one in every 10 children is sexually abused at a given point in time and it leads India to be the country with the maximum cases of child abuse. The numbers says that children under 16 years of age children are raped or wrongly touchedevery day.

A common myth is that children

A common myth is that children under the age of 18 are easiest and targeted for sexualabuse. According to an article by Reuters, internationally known news agency, the data shows that 86 percent of rapes and sexual abuse had been committed by close family members such as fathers, brothers, and uncles, as well as neighbors, employers, co-workers, and friends.

In 2007, The Ministry of women and childdevelopment released the results of a nationwide survey on Child Abuse, where 12,500 children participated across 13 states, where half of 53% of children said that had been subjected to one or more forms of sexual abuse, which means one out of two children have been the victim of sexual abuse.

The impact of sexual abuse is worse as most children are not aware

Markio Rashmi

that they are being sexually abused and when they realize it is either too late or it traumatizes them throughout their lives. Although sexual abuse is a topic of concern it is a hidden predicament, ignored by most of society and the criminal judiciary system. Since 2012, every year more than 30,000 cases are filed under POCSO, Act but only a few of them get justice and sentences are awarded to the culprit. The highest case of sexual abuse was during the pandemic when the world was dealing with virusesand others were dealing with tolerating assault and harassment. Not very surprisingly it has been said that 86 percent of rapes and sexual abuse had been committed by close family members such as fathers, brothers, and uncles, as well as neighbors it shows that children need

protection and security even in their own houses and it has also been said that Girls are more vulnerable to sexual abuse, although boys too reported a high percentage of victimization and are subject to greater social stigma.

Sexual abuse is a hideous crime and still many times the victims are blamed. The trauma caused by the abuse is immense,with physical injuries due to the assault, as well as anxiety, depression, and post-traumatic stress disorder. This can harm one's health, career, and relationships. It's hard for the victim to come forward and speak about the traumatic experience when survivors do decide to come forward, unwavering support from friends and family members can help them process the experience and move forward. No matter which action occurs, it's not the survivor's fault that they were assaulted no excuse or justification can justify sexual abuse.

The role of family members, friends and relatives are very important in safeguarding the young ones. Proper awareness and education is needed for making the society more safer and secure. It is with propercampaign through the media that one should be well equipped with the information and knowledge to keep our children live their glory childhood days.

Continued from Page 1... ANSU lays foundation.....

After welcoming all the hon'ble guest, elders and student's unions, Joram Minu General Secretary (Women wing)of ANSU said that "today is indeed a historical moment for us as very soon we'll have our own office of ANSU, this could only be made possible through the efforts and hard work of Team ANSU and all the elders and respected brothers and sisters." She also stated that the "ANSU office will be a privilege temple for all the students and public. We should try our best to protect and cherish our office" She promised that when ANSU office will be established. we shall conduct many more programs with even more efficiency. Hon'ble quest Mama Natung spoked that "ANSU is committed for the welfare of Nyishi students and the community at large, as an elder brother I'll always be there for the team ANSU." He also expressed his gratitude towards team ANSU for creating this special occasion to share the brotherhood feeling. TammePhassang, Mayor also expressed that "ANSU which is the backbone of Nyishi is in good hands under the leadership of Nabam Dodum, president of ANSU and Gora Rikam. General Secretary, ANSU, He said "now is the right time to motivate and bring all Nyishi student together and move with unity. ANSU has always stood and worked for the benefits of the society and thus this same enthusiasm and spirit should be maintained." He declared that as an elder and a former president he'll keep on supporting the upcoming brothers and sistersand will always support ANSU team.

Continued from Page... Fire in Nirjuli...

NatanTopno, one of the worker was slightly injured in his stomach in the incident, while the rest got out of the building unharmed. The fire Brigade team arrived at the spot after 20 minutes and put out the fire. Rai hotel lost six CCTV cameras, one Inverter, Five fridge and other valuable equipment amounting to 9-8 lakhs of rupeesin the fire. Deputy Commisionerof Papum Pare, Sachin Rana IAS, reached the spot at 6 am to assess the situation and upon seeing the destruction showed his grievances to Mr Rai.Government promised to compensate owner and the worker with the amount of RS 3500/- to each affected by the fire incident.

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State Of Infrastructure of Govt. School In Arunachal Pradesh

"Education is the movement from darkness to light": Allan Bloom

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Gyamar Takia

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Government college Doimukh celebrates college week

Doimukh. 14 Nov:Doimukh Government Colweek. lege is celebrating its college The colweek started on 7th November be celebrated until 17th of the month. On 7th and 8thNovember, literacy event was conducted. Ninety percent of the events has been done and only 10% of the events are remaining, said the organising committee. The highlight of the week, cultural events will be celebrated on the 15th evening where the Chief guest Dr. MQ Khan, Principal of Dera Natung Government College will grace the event and Mr. TarhNachung ,Corporatorwill be the Guest of honour. The Government College Doimukhwas established in 2012, was inaugurated by former CM Shri Nabam Tuki. According to a DSU member the college week celebration was supposed to be in its 10th celebration by now but due to the intervention of covid19 pandemic it is running on its 9th edition. After discussing with the students' union body of the Government College Doimukh, Nabam Butam, spokesperson, TechiNovin Tara, Editor and Nabam Agung,-General secretary it is learned that the college week is celebrated by more than thousands of students. One of the union members said "It is organised to enhance and promote the welfare of the students' where the students are being engaged in various sort of activities such as sports, cultural night so on and so forth. Thisis the high time for students where they can showcase their skills" In this college week, the students are divided into four groups namely:Bumla house , Mayodia house , Pandsau house and Diphu house. One of the union members shared that "The theme behind keeping these houses nameis to promote the mountain's passes." Meanwhile, the student's union body on behalf of all the students community of Govt College Doimukh have expressed their grievances regarding the basic facilities in terms of water, infrastructure which includes bath room and toilet rooms which is leading students towards unhygienic environment. They are also facing the difficulties whenever they organise such events like college week. Furthermore, they have mentioned about the auditorium as well. No auditorium is built till today in the college which is also a huge problem for them where they have to spend the capital money for making pandals from their budget amount which is supposed to be used in the curricular activities. They appealed the authorities to build an auditorium for the welfare of the students' communities of Doimukh college.



SANGO VILLAGE NEAR SANGO CHEROLET , 6KM ITANAGAR



CHU CAFE NEAR GIRLS ALPHABET SCHOOL, DOIMUKH 7901109



Look21; Lukter Lombi

A Dikrong Express EXCLUSIVE Interview





'Look 21',an aesthetically pleasing clothing brand,representing the street style of Arunachal Pradesh; has kept its feet on the world of street fashion and is out there displaying the notion and mind of the founder;LukterLombi, a multitalented Arunachali entrepreneur, an artist, free lancer, graphic de-signer, modeland so on. He is from the Galo tribe of the state. The brand was founded in 25 October 2021 and is marketing only through Instagram, by the page name called @look_21_

Dikrong Express had an interesting telephonic interview with Lukter, where he opened up about the journey of the brand and how it came in picture.

DE: What is the meaning of Look21 and what influenced this name?

Lukter:Look21has two meaning; Firstly,it came from my actual name because once I was an underground hip-hop dancer, so people started calling me by the name Look, and that basically led to the brand name Look21. Secondly, the age 21 is a phase of life which lies between end of the teenage life and early adulthood and therefore I feel like it is a perfect age, moreover, I want people to "wear Look21 and look like 21".

DE: How and why did you think of starting a clothing brand?

Lukter:Actually, I never thought of doing this, I just used to do paintings on cloths, customized for my friends, and this is how it began.

DE: How is the brand doing presently?

Lukter: Since it is still in the growing stage, it is doing fine enough, but I feel like the market is limited to the ICR region for now, but hopefully, the market will keep expanding.

will keep expanding. **DE:** Usage of different tribal motifs can be seen in the cloths and accessories, what is the reason behind that?

Lukter: Yes, I try to use our different tribal motifs, because I want the outsiders to know about our tribal culture and traditions through my brand, and it is also a way of mine to pay tribute to the last generation of people with the nose piercing and face tattoos.

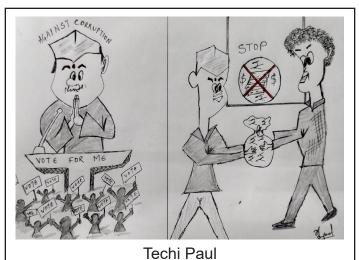
DE: What were the problems faced in the whole process of establishing a brand?

Lukter: I am someone who is not from the field of fashion, so it was difficult to find genuine factory vendors who would supply me in humble quanti-ties. And also, since I belong from a middle class family, financially challenges were also there.

DE: What message do you want to give out to the people who want to start a clothing brand like yours?

Lukter: One should be mentally prepared for every risk factor, plus a humble beginning should be there with having faith in oneself.

Dikrong Express acknowledge the wonderful works that the brand Look21 is contributing to the growth story of the state and wishes all the best for the brand. It is also an inspiring moment for all those young entrepreneurs who wanted to make a mark.





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AMBA TINALI NEAR N.K STORE

OWNER - NANDLAL SAHANI

Second Edition of Northeast Olympic Games 2022



Rono Hills, Nov 14: Sandiya Gungli, daughter of Satrughan Gungli Arunachal Pradesh, village Kafla, East Kvameng won the state's first weightlifting medal in the 2nd edition of Northeast Olympic Game which is underway from 19th to 16th November 2022. She won a gold medal in a 45KG category woman's lifting 47kg in snatch and 69kg in clean and jerk with total lift of 116 kg.

She added that she got all her support and blessings from her family and coach throughout her entire journey.

She shared messages for the youth," never to give up and keep strong in mind,

to achieve the destination we should strong enough to face any kind of circumstances,

always give inspiration oneself before the others".

Taking to Dikrong Express

She also stated that at first she started her boxing career in 2014 at the age of 9 at Sangay Lhaden Sports Academy. During the time of her boxing career, she was very optimistic about her boxing. Her parents guided and supported her throughout her boxing career. She won three times in state level boxing but at the time of her boxing she has faced some short of problem that her ear illness arose and had to loss some hearing capacity which impacted her boxing career. During some fight when judge asked her to stop, she kept on fighting which made her to lose the game. Her father advised her to play for knockout because she might lose her point during matches. When the hearing capacity impacted her game, her father asked her to give up boxing and to join weightlifting but she refused and kept on fighting because she was a big fan of Mary Kom whom she dreams and admires of. After lots of effort and request and promises, she agreed to take weightlifting, due to the intervention of covid 19 pandemic the performance had to stop until pandemic got normal.

She got distracted and strayed from her weightlifting career and wanted to leave the weightlifting. Her father kept encouraging her not to give up by saying" You have come so far in this weightlifting career where you cannot even go back nor you can become engineer , doctor neither you can chose any other profession even if you want. So, you have to continue with your weightlifting career only." However, her father managed her to get back on track just to persuade her dreams. Sandiya also won gold medal in Northeast Olympic game. Now she is taking coaching under Raja Shaker. She was given an appreciation certificate by the Arunachal Olympic Association by Taba Tadar, education Minister on 23rd June 74thon International Day Celebration.

Some of her Achievement includes:

Bronze medal in Khelo India youth game Pune (Maharashtra) on 9th January to 20th January 2019

Bronze medal in 14thYouth (boys &girls) 55th junior men & 31st junior women national weightlifting championship 2018-2019 at Nagpur on 14th to 22nd dec. 2018

4th position during 64th national school game 2018-2019 weightlifting under-17 at Guwahati (Assam) on 26th to 30th November 2018

on 26th to 30th November 2018
4th position in IWLF YOUTH,
JUNIOR & SENIOR NATIONAL
WEIGHTLIFTING CHAMPIONSHIP
2022 at Biju Patnaik indoor stadium
KIIT university, Bhubaneswar (Odisha) on 19th march to 31stMarch
2022 Silver medal in Khelo India
youth games Panchkula (Haryana)
4thJune to 13thJune 2022.

Lovlina Borgohain Elated to win Asian Gold

New Delhi, 14 Nov: Lovlina Borgohain on Monday said the Asian Championship gold medal is "extremely significant" as she claimed it during her first tournament in a new weight category and it will play a "decisive role" to regain her lost form.

Lovlina has been struggling with form since she won the Olympic bronze medal

Lovlina has been struggling with form since she won the Olympic bronze medal in Tokyo last year. She changed her weight category from 69 kg to 75 kg keeping in mind the Paris Olympics as her division does not feature among the six categories announced for womens boxing.

Last week, the 25-year-old from Assam produced a determined show to clinch the gold medal in her maiden appearance in the middleweight division at the Championships in Amman, Jordan. "This gold means a lot to me. Its very significant. This is a confidence booster," Lovilna told PTI after she returned to the country along with the boxing contingent on Monday. "This was my first championship in a new weight category and I won a gold. So I know that I am in the right direction. These wins matter a lot."

Borgohain, who also has two Asian Championships bronze medals, said she will try to improve further and hoped to win the gold medal at next year's World Championships, which will be held in India. "Well, I have won a bronze medal in Olympics last year. I am trying to do well in every championship. My immediate target is to win a gold medal in next year's World Championship to be held in New Delhi.

"Off course my ultimate aim is to win a gold at the Paris Olympics. I am striving and working hard to achieve that. I hope my best comes out at the right time," she said. India won 12 medals — four gold, two silver and six bronze in the championship. Interestingly, all the four gold medals were won by women boxers.

Besides Borgohain, Parveen Hooda (63 kg), Saweety Boora (81kg) and Alfiya Pathan (81kg +) won the other three gold medals.

"I congratulated all the three boxers. They are really good boxers. Parveen is young and gifted boxer who has good technique, while Saweety and Alfiya are very strong and powerful," she said.

"I am sure they have a great future ahead of them. They can do very well and win medals in the World Championship and Olympics as well. From PTI