

**REPORT
ON
OUTREACH ACTIVITIES**



A report about the outreach activities organized by the Department of Social Work during the period July - December, 2018

Submitted by
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Introduction

The Department of Social Work, a constituent unit of Rajiv Gandhi University is committed to molding the students to be sensitive to emerging social and environmental issues and respond to them accordingly. One of the main mandates of the department is to respond to the concerns of the community and work in a collaborative approach to set the precedence as academics is closely linked to the social needs of people in the neighbourhood. As part of the departmental activities and their concurrent field practicum the students are placed with social welfare organizations and the communities to be actively involved in outreach and social commitment activities that can contribute to bringing changes in the lives of people they are associated with. The Social Work (SW) Trainees from both the first and third semester have been actively involved in assisting and executing the programmes of the organization they were placed in and also took up initiatives to organize awareness programmes on various themes they identified after making an assessment of the communities and beneficiaries of the organization. This report therefore is a compilation of the outreach activities implemented by the SW trainees as part of their field practicum during the period August to December 2018.

Objectives of the outreach activities:

- To provide opportunity for SW trainees to apply theoretical components in practice;
- To be sensitive to the emerging needs of the community;
- To respond to the needs of the beneficiaries of the organizations and the community;
- To address concerns and create awareness on crucial issues of social relevance affecting the life of people;
- To create awareness on programmes, policies and services for the welfare of the underprivileged, marginalized and disempowered sections of the society;

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AGENCY 1. ARUNACHAL PRADESH STATE AIDS CONTROL SOCIETY (APSACS)

AWARENESS ON HIV/AIDS

Social Work Trainees placed in Arunachal Pradesh State AIDS Control Society (APSACS) were actively involved in conducting awareness on HIV and AIDS in schools and communities in Doimukh and Itanagar area. Some of the activities consisted of door to door awareness and some were in the form of lectures delivered.

Objective:

- To share information on HIV transmission, means of protection and clarify myths related to it.

1.1. Door to Door Awareness

Date: November, 16, 2018

Place: Emchi Government Middle School, Emchi Mia Colony

Student Involved:

- Ms. Toko Sumpi (Sem I)

The SW trainee visited seven houses and interacted with the inmates in Emchi Village and shared information on HIV/AIDS. Class eight students of Emchi Government Middle School (twenty of them) participated in the awareness programme organized in their school.



1.2. Awareness on HIV/AIDS in a school

Date: November 21, 2018

Place: Eleazar English School, Itanagar

Student Involved:

- Ms. Toko Sumpi (Sem I)



In Eleazar School, students of class xi and xii along with two teachers were addressed as part of creating awareness on HIV and AIDS. About 26 of them were present in the session. Ms. Toko Sumpi handled the session and shared information related to causes, symptoms, prevention and treatment of HIV/AIDS.

1.3. Walk to Talk - Awareness Camp

Date: November 2, 2018

Place: Departmental Store, Bank Tinali, Itanagar

Student Involved:

- Ms. Toko Sumpi (Sem I)

The SW trainee represented APSACS as a Resource Person in a programme where participants of Mr. Arunachal Pradesh and Miss NEFA

Arunachal Pradesh were present. There were series of sessions and competitions for the participants that was organized by the sponsors. It was an awareness camp where important issues were discussed upon among which HIV and AIDS was also one of the topics that was handled by Ms. Toko Sumpi.



2. ARUNACHAL PRADESH STATE LEGAL SERVICES AUTHORITY

2.1. LEGAL AWARENESS

Date: October and November, 2018

Place: Tirap, Garage Colony and Shiv Mandir Colony, Lekha Village and Emchi Village.

Student Involved:

- Ms. Himali Rimal (Sem I)

The SW trainee placed in Arunachal Pradesh State Legal Service Authority (APSLSA) was actively involved in sharing crucial information related to free legal aid services provided by the organization to those who are exploited and their rights being violated by any means. The focus is on ensuring that they are informed about the process and procedures of obtaining justice for any of their grievances.

These legal awareness programmes were conducted in all the three colonies of RGU community, viz., Garage Colony, Shiv Mandir Colony and Tirap Colony, at Lekha Village and Emchi Village.





Legal awareness at RGU Community

3. CHILDLINE

3.1. AWARENESS ON CHILD LABOUR AND CHILD MARRIAGE

Date: October 27, 2018

Venue: Chimpur, Gophur, Ganga, 'Zero' Point, Tinali - Itanagar

Objective:

- To sensitize people on child rights and issues related to children such as child labour and child marriage.

Students Involved

The organizing team was Childline and Ms. Yapi Kop and Mr. Partha Jyoti Baruah who were doing their concurrent field practicum took the initiative to create awareness on issues related to children. In collaboration with Child Welfare Committee, the street play was organized in important areas in the capital complex. The SW trainees placed in Oju Welfare Association also joined in and participated in the street play.

Information related to the high prevalence of child labour child marriages in the state was shared as part of the message in the street play. The Chairperson of the Child Welfare Committee, Ms. Kani Nada Malling and the Centre Coordinator of Childline, Ms. Elizabeth N Tangjang also expressed their views and concerns related to these issues. They also urged the public to use the toll free number and inform the concerned authorities if they came across any such incidences of gross violation of child rights. There was a good response to the street play in all the areas and a lot of people gathered around to observe the event.



Street play being enacted



The participants along with members of CWC and Childline

3.2. OUTREACH AWARENESS PROGRAMMES ABOUT CHILDLINE

Date: October, 2018

Places: Ganga Village, Itanagar, Gohpur Tinali, Itanagar, Near Green Mount School, Itanagar and Government Higher Secondary School, RGU Campus.

Objective:

- To create awareness among children and their parents about Childline and child rights;
- To identify out of school children and integrate them into schools

Students Involved:

- Ms. Yapi Kop (Sem III)
- Mr. Partha Jyoti Baruah (Sem III)

The SW trainees placed in Childline organized many programmes in schools and communities to create awareness on child rights, child right violations, and about the services of Childline, the emergency toll-free number 1098 etc.

- In the programme organized at Ganga Village, 16 of them attended.
- At the Rag Picker Colony, Gohpur Tinali, nine children engaged in child labour were identified and their parents were assisted in sending them back to school.
- Two kids were identified in the Rag Picker Colony near Green Mount School, Itanagar who were not going to school and they were helped.
- At the Open House Programme in Government Higher Secondary School, Rajiv Gandhi University, 56 students belonging to classes six to ten participated in the awareness on Childline and child rights.



At Government Higher Secondary School, Rono Hills, Doimukh

4. CHILD WELFARE COMMITTEE

4.1. AWARENESS PROGRAM ON CHILD ABUSE

Date: November 9, 2018

Time: 9 am to 9.45 am; 10 am to 11 am; 11.30 am to 12.15 pm in respective venues.

Places: Government Higher Secondary School Polo Colony, Naharlagun; Heritage Academy, Polo Colony, Naharlagun; Mother Toniak Pride School, G- Extension, Naharlagun.

Name of Event: Awareness on Child Abuse with focus on Child Sexual Abuse

Students Involved

- Ms. Ceemona Taku (Sem I)
- Mr. Rido Toni (Sem I)

Facilitator: Miss Ceemona Taku (Sem I)

The Program was an initiative to make the children of age group 5 to 15 years aware of the concept of Child Sexual Abuse. The awareness program was conducted by the student trainees Ms. Ceemona Taku and Mr. Rido Toni, Child Welfare Committee, Itanagar Capital Complex and Childline, Itanagar. The Chairperson of the Child Welfare Committee and the Centre Coordinator of the Childline took their turns in briefing about the topic. The student trainee, Ms. Ceemona Taku gave a power point presentation on the concept of Good Touch and Bad Touch and a documentary 'Komal' by Childline was screened in all the three venues.

Beginning with the meaning of abuse and child abuse, the trainee explained the different types of child abuse and focused on Child Sexual Abuse. She showed two pictures in her first slide where there was a depiction of danger and safe touch in the two pictures. She explained what are a good touch and a bad touch. She went on to explain how to differentiate the two types of touch in relation to the feelings that you get. For instance, when a mother hugs the baby feels loved or when someone else hugs you and makes you feel

ashamed. Such types of varied examples were given on someone's touch and the received feeling by the students. The student trainee went on to explain the Four parts that were private to the person or were allowed to be touched or cleaned by people we have trust in, like our parents. The student trainee then told the students the steps to be followed if someone is in fact trying for Bad Touch- First, to gather courage and shout "NO", next to tell a person you have trust in like - parents/ teachers/ grandparents.

Ultimately the student trainee told the kids about the services of Childline's 1098- a toll free number and about Child Welfare Committee. She motivated the students to spread the awareness to their peer groups and to encourage their fellow classmates to report it and not to make fun if someone is in fact going through it, be it a boy or a girl. Next she showed them the video- Komal and summarized everything that she had presented. Meanwhile the staff members of the two agencies and the student trainees helped in distribution of the pamphlets (IEC) and sweets. She asked the students to show the pamphlets to their parents since parents might need the assistance of Legal Aid Service. The program everywhere ended with photo session. The students as well as the teachers were participatory and put up their question on the service of Childline and

CWC.

5. EMCHI COMMUNITY

5. 1. AWARENESS PROGRAMME ON SANITATION

Date: November 1, 2018

Place: Emchi Village

An awareness programme on importance of sanitation was conducted in Emchi Village on the 1st of November, 2018. Emchi village is located in Ghumto Tehsil, of Papumpare district, situated about six kilometres away from the sub district headquarters of Doimukh and 20 kilometres from the district headquarter Yupia. Prior to the programme, the students who were placed there as part of their Concurrent Field Work Practicum made an assessment of the issues and concerns of the community. On the basis of identifying that cleanliness and personal hygiene were crucial concerns, they decided to organise a programme in order to create awareness among the community members. In Emchi 2, Kachiri Gali, one of the three localities of the village, the programme was conducted.

The objective of the programme

- To incorporate in the families about the basic knowledge of personal hygiene and maintaining cleanliness in their homes;
- To change social behaviour and attitudes prevalent in the community and incorporate practices leading to hygienic living.

Students involved

- Ms. Chara Janet Lowangcha - (Sem I)
- Ms. Alisha - (Sem I)
- Mr. Techino Tachino - (Sem I)
- Mr. Arpan Borah - (Sem I)

The members of the community were oriented about how they could dispose the waste from their houses in a proper way and not to litter all around the place. They were also informed about avoiding open defecation, the consequences of this behaviour and how it could affect the entire community. Discussion was also held on the effects of poor hygiene and sanitation practices

and in this interaction the community also participated sharing their opinions and suggestions about keeping their surroundings clean. There were 12 members who participated in the discussion and the programme was conducted for one and a half hour.



5.2. AWARENESS ON SUBSTANCE ABUSE AND WOMEN HELPLINE

Date: 2nd and 9th November, 2018

Place: Emchi Village 2 and 3, Emchi Middle School

The objective of this intervention

- To provide information about Substance abuse prevention, mainly understanding the 'use' and 'abuse' of alcohol and other substances like Gutka, cigarette, tobacco;
- To share information regarding Women Helpline and its services.

Students Involved

- Ms. Chara Janet Lowangcha - (Sem I)
- Ms. Alisha - (Sem I)
- Mr. Techino Tachino - (Sem I)
- Mr. Arpan Borah - (Sem I)

A door to door awareness on substance use and abuse was carried out in Emchi 2 and 3 by students of First Semester (MASW). A small discussion was held in each and every house to orient them about the ill effects of all substances and how even casual use can lead to addictive behaviour which can have serious consequences in all areas of their life.

In addition, the students targeted the staff of Emchi Middle School where they were oriented on the ill effects of substance abuse. Emphasis was also laid on preventive measures people can follow to avoid getting addicted to any substances. Information related to the services of Women Helpline was also shared with the members of the community during door to door awareness drive and in Emchi Middle School by students who were placed in Oju Welfare Association for their CPL.



5.3. AWARENESS PROGRAMME ON SUBSTANCE ABUSE

Date: November 8, 2018

Place: Emchi Government School

The objective of this awareness

- To assist students in understanding what is substance abuse and the risk factors and ill effects of substances.

Students involved

- Ms. Chara Janet Lowangcha (Sem I)
- Ms. Alisha Aragham (Sem I)
- Mr. Techu Tasino (Sem I)
- Mr. Arpan Borah (Sem I)

On the 8th of Nov, 2018, the students placed in Emchi Community conducted an awareness program on substance abuse at Government Middle School, Emchi 3. A total of 33 students belonging to classes six, seven and eight participated in the programme. Five B.Ed trainees also attended the session. The two hour sessions were handled by the students who shared information

related to different drugs that can be abused, especially by young people, the risk factors associated with substance abuse and the consequences of drug abuse. Through this programme, the students were also encouraged to think positively about their future and cautiously plan their life. Participation of the students was good, they were interested and also raised queries related to substance use.



6. INDO GLOBAL SOCIAL SERVICE SOCIETY (IGSSS)

6.1. AWARENESS PROGRAMME ON DOCUMENTATION SKILLS

Date: November 9, 2018

Place: Niti Vihar Government Middle School, Itanagar

Objective:

- To orient the students on basic documentation skills like writing letters and applications.

Students Involved

- Mr. Tadar Talar (Sem I)
- Mr. Yayir Dabi (Sem I)
- Mr. Tangwang Tangjang (Sem I)

The programme was planned and executed by the trainees who were placed in Indo Global Social Service Society (IGSSS), Itanagar. The organization's focus is on promoting sustainable livelihood, energizing the youth as change makers, protecting lives, livelihood, and assess the impact of hazards, advocating for the rights of city maker (homeless residents) and developing care of leaders from the community and civil society organizations. Gender and youth are underlining themes across all its interventions.

The trainees shared the task equally and handled different sessions, beginning with introduction, ice-breaker rounds and then went on to the formal sessions. The session on formal letter writing was handled by Mr. Tangwang, the session on application writing by Mr. Talar and the last session on informal letter writing was by Ms. Yayir. The participation of the students was good, they were active learners and excited about the programme. About 40 students were present in the programme.



7. LEKHA VILLAGE

7.1. COMMEMORATION OF CHILDREN'S DAY

Date: November 16, 2018

Place: Lekha Village

Objective:

- To organize a drawing competition in the school in commemoration of Children's Day;
- To motivate the children to attend school regularly.

Students Involved:

- Mr. Loji Dulom (Sem I)
- Mr. Pankas Yangfo (Sem I)
- Ms. Himali Rimal (Sem I)

Children's Day is celebrated across the country on 14th November, 2018. Social work students from the Department of Social Work, Rajiv Gandhi University thoughtfully planned and organised a programme for the children of Lekha Community, a small village situated approximately 3 kilometres from the University. This community also happens to be one of the adopted villages of the NSS unit of the university. Lekha Primary School is the only school situated in the village that caters to the basic educational needs of children in that community. Social work trainees Mr. Loji Dulom and Mr. Pankas Yangfo engaged with the community as part of their Concurrent Field Work Practicum organised a drawing competition to commemorate Children's Day and provide an opportunity for the children to express themselves freely through art. As many as 21 children participated with a lot of enthusiasm and displayed their creativity. It was also encouraging to see some mothers sit along with their wards and try a hand at drawing.

Prizes in the form of stationery material were awarded to all the participants as a token of appreciation and also motivation to attend school regularly. Mr. Tehri Gokap, one of the teachers of the school gave away the prizes and extended his support towards the successful implementation of the programme. Ms. Himali Rimal, social work trainee shared information about CHILDLINE and its services to needy children and also about free legal aid available to the community and the process of availing these services. The smiles portrayed on the children's faces indicate the joy and happiness the small competition has brought about in their simple lives. Moreover, it is anticipated that this would be one aspect that motivates the kids to enjoy attending school and make the best use of the services.



7.2. HEALTH CAMP - LEKHA VILLAGE

Date: November 23, 2018

Place: Lekha Village

Objective:

- To create awareness on waterborne diseases and screen people in the community for skin problems.

Students Involved:

- Mr. Loji Dulom (Sem I)
- Mr. Pankas Yangfo (Sem I)
- Mr. Arpan Borah (Sem I)
- Mr. Basinso Kri (Sem I)
- Ms. Lunnom Kimsing (Sem I)
- Mr. Tony Siram (Sem I)
- Ms. Junu Dada (Sem I)

The SW trainees placed in Lekha Village, a small community located about three kilometres from the university prior to organizing a health awareness cum camp, made an assessment of the community using PRA tools and identified certain concerns of the people residing over there. Water borne illness and skin rashes were of major concern and caused discomfort to the people compared to other issues such as sanitation and education. Mr. Loji Dulom and Mr. Pankas Yangfo of first semester established a good rapport with the community, important stakeholders such as the village headman and the headmaster and teachers of the primary school. Following all the methods and steps of community organization, they went about in planning and conducting this health awareness camp. With the permission of the community, the willingness of the people to participate in the health camp, the trainees mobilized resources such as the Dermatologist from Tomo Riba Institute of Health and Medical Sciences (TRIHMS), Naharlagun. They adhered to all the formal procedures of seeking permission and even mobilized resources within the community itself to take care of the refreshments and memento to be offered to the resource person. Dr. Swapan Mazumdar was the resource person who shared on the importance of preventing water borne illnesses and skin problems and he also examined

people who had skin problems and prescribed treatment. As many as 60 of them benefitted from the camp and received the information in a positive manner. The Gram Panchayat Chairperson, Mr. Tana Tala, the Headmaster, Mr. Nabam Vijay and teacher Ms. Nabam Yapi also participated in the programme by means of delivering the welcome address, vote of thanks etc.

Along with the health awareness camp, a session was also held on sharing information related to Women Helpline and its services by student trainees who were placed in Oju Welfare Association.



SW trainees along with the resource person Dr. Swapan Mazumdar

8. MOTHERS HOME

8.1. AWARENESS ON GOVERNMENT SCHEMES AND POLICIES RELATED TO WOMEN AND CHILDREN

Date: September and October, 2018

Place: Mother's Home

Objectives of the Programme

- To create awareness among the inmates on government schemes and policies for the destitute, abandoned, differently abled and deprived women;
- To share information on the services of Childline, CWC, WHL, and OSC;

Students involved

- Miss. Tana Yadap (Sem III)
- Miss. Ngurang Amang (Sem III)
- Miss. Kasimang Jamoh (Sem III)

The Naharlagun based Mothers Home also known as Missionaries of Charity is a faith based charity (Christian) organization functioning with the sole objective of providing services to the underprivileged sections of humanity to enable them live a dignified life. As a facilitation agency, they provide services to the poor and marginalized sections of the society in the form of social, emotional and material support. In Arunachal, there are four such homes that are established. The students were placed in the female and male wards of this organization where the beneficiaries were mostly orphans, widows, the mentally ill, sick people, abandoned or run away children, people with leprosy and the elderly.

Regular programmes were organised in the home to create awareness among the inmates in the female ward on issues such as sexual harassment, domestic violence, provision of legal aid and the services of Women Help Line (WHL) etc. One student trainee from WHL, Ms. Rimashree Kishan is seen in the picture affixed below, sharing information about the toll free number of WHL and its services among the inmates of Mother's Home.



8.2. PROMOTION OF POSITIVE HEALTH AND WELL BEING

Date: September and October, 2018

Place: Mother's Home, Naharlagun

Objective

- To promote awareness on tuberculosis, mental health, and suicide prevention;

Student Involved

- Mr. Bharat Gyadi (Sem III)

The student from third semester (MASW) programme placed in the Mother's Home, Male Unit of Pachin Village, Naharlagun was involved in organizing different programmes in and around the agency. As the beneficiaries of the organization are mostly physically and mentally disabled and mostly underprivileged sections of the society, the programmes were catered according to their needs and also to create awareness regarding crucial issues of the organization.

The SW trainee took up the cause of creating awareness on tuberculosis - the causes, symptoms and treatment, the availability of free medications and services available at the government and civil hospitals. He went about doing door to door awareness in areas of Nirjuli, Naharlagun and Doimukh. In addition, he also addressed the issue of suicide prevention and the importance of maintaining good mental health. These programmes were conducted in alignment with the organization's mandate as their central focus is on creating awareness on these illnesses. It is believed that when these messages are shared among people, there is a possibility that the message and the information will be further shared amongst them and reaches many, leading to early identification and treatment of TB, or any mental illness.

8.3. LIKE SKILLS EDUCATION AND CRAFT MAKING SKILLS

Date: September and October, 2018

Place: Mother's Home

Objective

- To impart skill training on craft making and some aspects of life skills

Student Involved

- Mr. Bharat Gyadi (Sem III)

As most of the inmates of the Mother's Home (Male Unit) are either physically challenged or mentally ill, the SW trainee spent a lot of time keeping them engaged in activities that are of interest. Many sessions on making different craft items were taught to them, they were also taught how to play basic music instruments and some training was imparted related to life skills. It was a challenging task for the trainee to single handedly manage these activities but the inmates thoroughly enjoyed and participated with eagerness and positivism as they hardly have any structured program or activity going on in the home.



9. OJU WELFARE ASSOCIATION

The students placed in Oju Welfare Association, an organisation that renders varied services to mostly children and women, located in Naharlagun focussed mostly on creating awareness about the organization and its various programmes. Women Helpline (WHL) (181 - toll free number) is one of the programmes to provide assistance to women and young girls who are in distress, victims of domestic violence or any kind of abuse or harassment. Therefore, the students who were doing their concurrent field work practicum were actively involved in the different activities of the organisation. During the initial days, a lot of efforts were taken to share information about WHL in different locations and communities in and around Naharlagun, Doimukh and Itanaga.r

Students Involved

- Ms. Priyanka Buragohain (Sem III)
- Ms. Rimashree Kishan (Sem III)
- Mr. Dani Tare (Sem III)
- Mr. Amo Umpey (Sem III)
- Ms. Ishaya Milli (Sem III)
- Mr. Bamin Rambo (Sem III)

These students were involved in organizing many programmes during their placement at Oju Welfare Association, the details of which are provided below:

9.1. DOOR TO DOOR AWARENESS

Date: August 9, 2018.

Place: Dokum Colony, B -Sector, Naharlagun

Objective

- To create awareness on Women Helpline and its services through door to door visits

On the 9th of August, 2018, the trainees conducted door to door awareness drive in Dokum Colony, B Sector, Naharlagun. They visited about 50

houses and shared about the functioning of WHL and how the public can access its services when the need arises. Pamphlets were distributed to each of the houses. It was good to know that some of the women were already aware of WHL which reflects the efforts taken by the organisation to spread awareness.



9.2. AWARENESS ON REDUCTION OF RISK FACTORS RELATED TO DOMESTIC VIOLENCE

Date: August 10, 2018

Place: Arunachal State Nursing School, Naharlagun

Objective:

- To conduct awareness on decreasing risk factors for domestic violence;
- To share information about the services of Women Helpline and the emergency toll free number - 181.

It was a good learning experience to the students to visit different institutions and share information related to the services provided by their organisation. Moreover, they also gained knowledge on the procedures to be adopted in planning, obtaining permission and finally organising the programme.

A programme was organised at Arunachal State Nursing School, Naharlagun where information was provided on domestic violence, and how to address it in the right way. The services of WHL and its reach to the needy women in distress was emphasised upon. As many as thirty nursing students attended the programme.





9.3. POSTING STICKERS ON WOMEN HELPLINE IN PUBLIC PLACES

Date: October 13, 2018

Places: Nirjuli, Yupia and Doimukh

Objective:

- To provide awareness on WHL and its services in important public places through stickers with relevant information.

The SW trainees visited important public offices located in Nirjuli, Yupia and Doimukh areas to post stickers related to the toll free number 181 and its services. Railway station - Yupia, DC Office - Yupia, Police Stations at Doimukh and Nirjuli were the locations where the stickers were put up. The reasons to identify these locations are: the common public gather or utilise the services of these offices regularly and it would provide an opportunity for them to be aware of the services of WHL and access it easily.



9.4. DOOR TO DOOR AWARENESS AT RGU COMMUNITY

Dates: 24th and 25th August, 2018

Place: Rajiv Gandhi University Community

Objective: To create awareness among the community about WHL and its services through door to door visits

In continuation of their activities in creating awareness on WHL, the SW trainees visited houses in three different locations in the community. A total of 94 houses were covered in two days outreach activity. It was observed that most of them were interested and paid attention to the information shared with them but some of them were busy in their household activities and appeared to be in a hurry. However, it was a learning experience to the trainees.



9.5. AWARENESS ON WHL AMONG PUBLIC IN FESTIVAL GROUND

Date: September 1, 2018

Place: Directorate of Art and Culture premises, Festival ground, Naharlagun.

Objective: To conduct awareness on Women Helpline and its services among people attending Solung Festival.

The SW trainees never missed the opportunity of sharing information related to the programmes and services provided by the organization that they represented. Therefore, they distributed pamphlets related to WHL and briefly shared among the participants gathered in the Festival Grounds to

observe Solung Festival. About 150 of them were targeted that single day by the trainees who strategically divided into teams and covered the entire group of participants. It was a challenging task to get the attention of the public as they were busy celebrating and found this to be of not so much importance to them.



9.6. AWARENESS PROGRAMMES ON GOOD TOUCH AND BAD TOUCH

Date: October 14, 2018

Place: AAP Primary School, Naharlagun

Date: October, 26, 2018

Place: OJU Mission School, Pappu Nala, Naharlagun

Date: October 6, 2018

Place: Children home, OJU Welfare Association and One Stop Center, Naharlagun.

Objective: To orient the school students on basic facts related to Good Touch (GT) and Bad Touch (BT)

Students Involved

- Ms. Priyanka Buragohain (Sem III)
- Ms. Rimashree Kishan (Sem III)
- Mr. Dani Tare (Sem III)
- Mr. Amo Umpey (Sem III)
- Ms. Ishaya Milli (Sem III)
- Mr. Bamin Rambo (Sem III)

The SW trainees placed in Oju Welfare Association also took up the responsibility of creating awareness among young school going children on the facts related to good touch and bad touch and the importance of children protecting themselves from any physical or sexual abuse. Charts describing the basic information on GT and BT were shown and explained to students. Areas not to be touched and areas that are safe were also discussed. Further, the need to create a safe circle consisting of important family members or significant people whom they trust was shared with the children.





In AAP Primary School, two sessions were handled - Class Nursery to Class Two and Class Three to Class Five. A total of 100 children attended these two sessions.

A similar session in Oju Mission School was held where a skit was also performed to understand GT and BT. Some activities like 'Upbeat Cafe' was also conducted with students of higher classes to understand the problems they face. The programme concluded with a session on Time Management Matrix for the school students to know the importance of setting priorities and using their time effectively. Here again, more than 100 students participated in the sessions.

The same message was conveyed to children residing in the Children's Home managed by Oju Welfare Association to be aware of GT and BT and thereby protect themselves from any kind of potential abuse in future.



Awareness on GT and BT at Oju Mission School

9.7. AWARENESS ON SUICIDE PREVENTION

Date: October, 13, 2018

Venue: Women Shelter home, OJU Welfare Association

Objective:

- To orient the women inmates of the Shelter Home on the risk factors leading to suicide, provide information on stress relieving factors and motivate them to overcome hurdles in life.

Students Involved

- Ms. Priyanka Buragohain (Sem III)
- Ms. Rimashree Kishan (Sem III)
- Mr. Dani Tare (Sem III)
- Mr. Amo Umpey (Sem III)
- Ms. Ishaya Milli (Sem III)
- Mr. Bamin Rambo (Sem III)

A session on suicide prevention was conducted at the Swadhar Greh, the Shelter Home for destitute women managed by Oju Welfare Association. Many of the women residing there have faced domestic violence and are victims of child marriage. Some of them have also made suicide attempts earlier. Therefore, the SW trainees decided to conduct a session with these inmates to orient them about the risk factors for suicide, stages of suicide, its implications and the protective factors that are essential. A documentary of successful women who have made it in their lives despite their circumstances was shown to motivate them. It was of great benefit to the women who later took the opportunity to share about their personal life and how they felt motivated to live with a positive attitude. The trainees observed that most of them had ingrained attitudes related to gender disparity and felt that they cannot achieve anything and be equal to men. It was a challenging task for the trainees to address these gender stereotypes.

10. RGU COMMUNITY

10.1.AWARENESS ON WASTE MANAGEMENT

Date: November 1st and 23rd, 2018

Place: Garage colony, RGU Community

Students Involved

- Ms. Joram Minu (Sem I)
- Ms. Decem Santini Mitkong (Sem I)
- Mr. Tar Tarin (Sem I)
- Ms. Dukmem Perme (Sem I)

As part of their placement in the community surrounding Rajiv Gandhi University, referred to as RGU community, the SW trainees focussed on three colonies namely, Garage Colony, Tirap Colony and Shiv Mandir Colony. After an initial PRA and assessment of issues concerning the communities, they organized many programmes to create awareness regarding them.

Poor waste management was one such issue that was identified. Hence, the trainees shared among the community in Garage Colony, the importance of keeping the environment and their surroundings clean. They emphasized on Three R's - Reduce, Reuse and Recycle and took up the initiative of making waste bins out of paint tins. Many such tins that can be used as waste bins were made by the trainees to inculcate the habit of cleanliness among the community and 12 households were benefitted through this initiative.



10.2. AWARENESS ON TUBERCULOSIS

Date: 13th and 14th August, 2018

Place: Labour Market, Capital Complex

Objective:

- To create awareness among daily wage labourers about tuberculosis - causes, symptoms and treatment facilities among

Student Involved:

- Mr. Tar Tarin (Sem I)

In order to provide awareness on tuberculosis, two days awareness program was conducted at the Capital Complex to share relevant information about the causes, symptoms, prevention and treatment of the illness. The daily wage labourers were met in groups during their free time and the message was conveyed to them. About thirty of them were met with during these two days.



10.3. NUKKAD NATAK - SKIT PLAY ON SUBSTANCE ABUSE

Date: November 23, 2018.

Place: Tirap Colony ,Garage Colony and Shiv Mandir Colony - RGU Community

Objective of the play:

- To create awareness on the harmful effects of substance abuse in the community.

Students Involved:

- Ms. Decem Santini Mitkong (Sem I)
- Mr. Tar Tarin (Sem I)
- Ms. Dukmem Perme (Sem I)
- Ms. Joram Minu (Sem I)

The above mentioned SW trainees who were placed in RGU Community performed a skit to create awareness about the ill effects of substance use and abuse. All the three colonies within the community were covered as part of this outreach. About 30 to 40 were part of the gathering who observed the skit.



11. STATE BLOOD TRANSFUSION COUNCIL (STBC)

AWARENESS ON VOLUNTARY BLOOD DONATION

State Blood Transfusion Council (SBTC) in another organization where students of MASW were placed for their concurrent field work practicum. The thrust area of the organization is to promote voluntary blood donation by creating awareness and motivating people and organizing blood donation camps in the state. Apart from participating in the programmes of the organization and helping out in the blood donation camps, the trainees took initiatives to create awareness among schools about the importance of blood donation. As a result, many programmes were organized in schools in Doimukh region.

The SW trainees provided support to their organization and other institutions in commemorating the National Blood Donation Day and also organizing blood donation camps.

Objective:

- To create awareness on voluntary blood donation and motivate young people to become potential donors.

Students Involved:

- Mr. Nabam Kamin (Sem I)
- Ms. Juna Dada (Sem I)

11.1. AWARENESS AT ANJANA ACADEMY, DOIMUKH

Date: November 3, 2018

Place: Anjana Academy, Rono Hills, Doimukh

The staff and students of this school were very supportive and cooperated well. They were disciplined and paid good attention to the talk on blood donation. Pamphlets and brochures were also distributed among them.



Anjana Academy, Rono Hills, Doimukh

11.2. AWARENESS AT GOVT HR. SEC. SCHOOL, DOIMUKH

Date: November 3, 2018

Place: Government Higher Secondary School, Doimukh

As the school was having its busy schedule and was not able to provide free class hours for the awareness programme, the Principal, Mrs. K. Nyodo agreed for a talk during the morning assembly. The SW trainee therefore briefly presented on the importance of blood donation to sensitize them about the need to get involved in the future. Students were very calm and patiently listened and they did not take part in any discussion to clarify any queries.



11.3. AWARENESS AT BOUM KAKIR MISSION SCHOOL, DOIMUKH

Date: November 8, 2018

Place: Boum Kakir Mission School, Midpu, Doimukh

During the awareness cum motivation session on blood donation at Boum Kakir Mission School, student of class xi and xii participated. They were quite different from the students of the Government Higher Secondary School as they were active listeners and interactive. Eagerness and enthusiasm was seen in them and they had many questions related to blood donation.



Boum Kakir Mission School, Midpu, Doimukh





Conclusion

The SW trainees of the Department of Social Work with the guidance and support of the faculty members and the supervision of the agency/community they were placed for concurrent field practicum utilised the opportunity and the space provided to take up initiatives and organize programmes of social relevance during this semester (August - Decemeber, 2018). It was a great learning experience contributing to both personal and professional growth and also instilled in them a sense of confidence and the sensitivity to issues affecting people around them. Through these programmes, they were able to contribute towards making changes in the life of people, ensuring that individual's rights are respected and upheld. It is hoped that the relationship between the Department of Social Work and the field work agency and communities is strengthened and fostered for the betterment of society.

ANNEXURES

The Arunachal Times



The Arunachal Times

Street play highlights child issues

October 28, 2018



ITANAGAR, Oct 27: A street play on issues like child labour and child marriage was presented by RGU's master of social work students and staffs of Childline Itanagar and the Child Welfare Committee ICC (CWC ICC) Itanagar at different locations of Chimpur, Gophur Tinali, Ganga, and Zero Point Tinali on Saturday.

The street play was jointly organized by Childline Itanagar and the CWC ICC. CWC ICC chairperson Kani Nada Maling appealed to all the stakeholders to

extend support to the "Save child campaign" while the centre coordinator of Childline Itanagar, Elizabeth N Tangjang, urged all to call Childline at its toll-free number, 1098, if they find any child abandoned, missing, abused or engaged as child labourer.

<https://arunachaltimes.in/index.php/2018/10/28/street-play-highlights-child-issues/>

Annexure - 2



The Arunachal Times



The Arunachal Times

Awareness progs on child abuse held

November 10, 2018

NAHARLAGUN, Nov 9: First-year master in social work students of Rajiv Gandhi University, under the aegis of the Child Welfare Committee, ICC and Childline Itanagar, conducted awareness programmes on child abuse at the government secondary school (Polo Colony), Heritage Academy School and Mother Toniak Pride School here on Friday. During the programmes, MSW student Ceemona Taku spoke about various forms of child abuse, and CWC, ICC chairperson Kani Nada Maling and

Childline coordinator Elizabeth N Tangjang briefed the participants on the functioning of the CWC and Childline. A documentary on child abuse was also screened for the students.

<https://arunachaltimes.in/index.php/2018/11/10/awareness-progs-on-child-abuse-held/>

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60 persons benefit from health camp

RONO HILLS, Nov 23: At least 60 persons today benefited from a health camp conducted by the Department of Social Work, Rajiv Gandhi University (RGU), at the National Service Scheme adopted village at Lekha. A team of doctors from Tomo Riba Institute of Health and Medical Sciences, Naharlagun led by dermatologist, Dr. Swapan Majumdar attended to patients. Earlier, former gram panchayat chairperson, Tana Tala launched the programme. He expressed gratitude to the department for organizing the health and awareness programme. Later, headmaster Nabam Vijay and assistant teacher Nabam Yapi coordinated and helped in conducting the awareness programme with social work trainees, Loji Dulom, Pankass Yangfo, Arpan Borah, Basinso Kri, Lunnom Kimsing, Tony Siram, and Junu Dada. Meanwhile, a weeklong Swachhata drive was also launched at the RGU campus for the ensuing 16th Convocation.

<https://thedawnlitpost.com/60-persons-benefit-from-health-camp/>



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TODAY - Wednesday, Dec 19, 2018



Voluntary Blood Donation Camp at RGU, Arunachal Pradesh

5th October 2018 , Rono Hills, Doimukh



Voluntary Blood Donation Camp at RGU, Arunachal Pradesh

A blood donation occurs when a person voluntarily has blood drawn and used for transfusions and/or made into biopharmaceutical medications by a process called fractionation (separation of whole-blood components). Donation may be of whole blood, or of specific components. Blood banks often participate in the collection process as well as the procedures that follow it.

Today in the developed community, most blood donors are unpaid volunteers who donate blood for a community supply. In some communities, established supplies are limited and donors usually give blood when family or friends need a transfusion. Many donors donate as an act of charity. Donors can also have blood drawn for their own future use. Donating blood is relatively safe and beneficial.

The National Voluntary Blood Donation Day is observed on 1st of October every year to share the need and importance of the blood in the life of an individual. It was first started on 1st of October in the year 1975 through the Indian Society of Blood Transfusion and Immunohaematology.

In observing the Voluntary Blood Donation process the NSS Cell, RGU along with Rajiv Gandhi University Teachers Association (RGUTA) and Rajiv Gandhi Employees Association, (RGUEA) conducted a Voluntary Blood Donation Camp in the University Campus on 5th November 2018.

Prof. Jumiyr Basar, President, RGUTA along with Mr. John G. Gangmei, NSS Programme Officer, RGU formally inaugurated the camp. The camp began with a Donor Motivational Speech by Mr. Ramesh Jeke, Arunachal Vivekananda Yuva Shakti(AVYS), Arunachal Pradesh.

The main objectives of the camp were

- o To make aware the donors about the importance of the voluntary blood donation.
- o To successfully move towards the target of Voluntary Blood Donation to fulfill the urgent need of the needy patients.
- o To facilitate the blood banks for any urgent and serious requirements.
- o To promote and emphasize the self esteem of blood donors mostly the youths.
- o To motivate and encourage people who are interested but need motivations in donating blood.
- o To motivate the donors to donate blood voluntarily who can further motivate their relatives or friends.



Voluntary Blood Donation Camp at RGU, Arunachal Pradesh

A total of 100 donors were screened for donating blood of which 45 Units of blood were collected. Most of the donors consisted of female students which also included Male students, teaching faculties and employees of the university fraternity. This is the second successful camp which was organised in collaboration with State Blood Transfusion Council and Arunachal Pradesh State AIDS Control Society, Directorate of Health Services Naharlagun, Arunachal Pradesh.

The Team comprised of Dr. Passang Sona, MD Pathologist, TRIHMS, Mr. Dony Taying, Asst. Director, APSACS, Ms. Chongneithem Lhouvum, State Coordination Officer, State Blood Cell, NHM, Paramedics and Volunteers of NSS, RGU, Dept. of Sociology and Dept. of Social Work, AITS, RGU.