
Report

on

**Two Day Online Workshop on
School Psychology : Life Skills,
Mental Health and Well Being**

Organised by



**Department of Education
Rajiv Gandhi University,
Rono- Hills
Doimukh, Arunachal Pradesh -
791112
3-4, June, 2020**

Organising Committee

Chief Patrons

Prof. Saket Kushwaha

Honorable Vice-chancellor,
Rajiv Gandhi University, Itanagar,
Arunachal Pradesh-791112 (India)

Dr. Panch Ramalingam

President
Indian School Psychology Association (InSPA)
Puducherry – 605 008 (India)

Patrons

Prof. Amitava Mitra

Pro vice-chancellor
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Prof. Tomo Riba

Registrar
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Prof. Zokaitluangi

Secretary ,InSPA
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Prof. R. Taba

Dean, Faculty of Education, RGU

Prof. Kesang Degi

Head, Dept. of Education, RGU

Prof. Elizabeth Hangsing, RGU

State Convener, InSPA

Dr. N.Amareswaran , NEHU

National Convener, InSPA

Media Advisor

Dr. M. Maltesh
Former Librarian, RGU

Technical Assistant

Mr. Gyan Rai
VSAT, RGU

Coordinators:

Prof. P K Acharya, Dept. of Education, RGU

Dr. Boa Reena Tok, Associate Professor, Dept. of Education. RGU

Dr. C Siva Sankar , Assistant Professor, Dept. of Education, RGU

Dr. Nisanth PM , Assistant Professor, Dept. of Education, RGU

Mr. Narender Singh, Assistant Professor, Dept. of Education, RGU

Acknowledgement

First we would like to thank, Prof. Saket Kushwaha, Hon'ble Vice-chancellor, Rajiv Gandhi University, Rono- Hills, Doimukh, Arunachal Pradesh for accepting our proposal to organise a two day online workshop on school psychology: life skills. Mental health and well being in collaboration with InSPA, Puducherry and his guidance and support throughout the programme.

We sincerely acknowledge the efforts of both Prof. A Mitra, Pro Vice-chancellor and Prof. Tomo Riba, Registrar, Rajiv Gandhi University for accepting our invitation and sharing their thoughts with the participants during Inaugural and Valedictory sessions of the workshop.

We are grateful to InSPA (Indian School Psychology Association), Puducherry that provided us an opportunity to share a platform with them. We sincerely acknowledge the efforts of Dr. P. Ramalingam, President InSPA for his active assistance and providing valuable inputs to make the programme a successful event.

We are grateful to our resource persons:

1. Prof. Mehraj Ud din Mir, Hon'ble Vice Chancellor, Central University of Kashmir
2. Dr. Panch Ramalingam , President , InSPA, Pondicherry
3. Prof. Nighat Basu , Professor and Head department of Education, central university Kashmir
4. Dr. Lalitha Subramanian , former faculty ,department of clinical psychology , Sri Ramachandra University , Chennai
5. Dr.Suza Koshy , child development and family relations consulstant, SEL trainer , Former head , department of human development , SVT College, SNDT Women's University Mumbai

Eminent Speakers

1. Prof. Mukhopadhyaya, former president InSPA
2. Prof. P. Venkataramaiah , Former chairmen SRC, NCTE

We sincerely acknowledge guidance and support of Prof. R. Taba, Dean Faculty of Education and Prof. Kesang Degi, Head Dept. of Education, Rajiv Gandhi University, Itanagar.

We are grateful to our media team adviser Dr. M. Maltesh , Former Librarian, RGU for actively engaging himself in making the event in print and non print media and technical assistant team for making sure that event goes without technical glitch.

We sincerely acknowledge the contribution of one and all who directly or indirectly helped us in successful organisation of the workshop.

(Elizabeth Hangsing)

(P K Acharya)

(B R Tok)

(C S Sankar)

(Nisanth P M)

(Narender Singh)

Executive Summary

Two Day Online Workshop on School Psychology : Life Skills, Mental Health and Well Being was jointly organised by the Department of Education and Psychology , Rajiv Gandhi University, Itanagar in collaboration with Indian school psychology Association, Puducherry and technically sported by IEEE Technology and Engineering Management Society, Madras Chapter with an aim to bring together and spread awareness about life skills , mental health and well being among school principals/ Head teachers, in service and pre-service school teachers, teacher educators and research scholars .

There were seven sessions divided into Inaugural, five technical sessions and Valedictory session.

Day 1 , June 03, 2020

On day one along with inaugural session there were three (03) technical sessions. Prof. Tomo Riba, Registrar, Rajiv Gandhi University welcomed all the dignitary and participants on behalf of the university and Prof. Elizabeth Hangsing read out the detailed instructions for the participants while Prof. P K Acharya discussed about the relevance and scope of the workshop in present context. Prof. Saket Kushwaha, Hon'ble Vice-chancellor, Rajiv Gandhi University, Prof. Amitva Mitra, Pro Vice-chancellor, RGU and Dr. Panch Ramalingam, President InSPA addressed the inaugural session. Prof. Kesang Degi, HOD, Dept. of Education, presented vote of thanks. Resource persons were : Prof. Mehraj Ud din Mir, Hon'ble Vice Chancellor, Central University of Kashmir, Dr. Panch Ramalingam , President , InSPA, Pondicherry and Prof. Nighat Basu , Professor and Head department of Education, central university Kashmir.

Day 2, June 04, 2020.

Two Resource persons Dr. Lalitha Subramanian , former faculty ,department of clinical psychology , Sri Ramachandra University , Chennai and Dr.Suza Koshy , child development and family relations consulstant, SEL trainer , Former head , department of human development , SVT College, SNDT Women's University Mumbai along with two Eminent Speakers Prof. Mukhopadhyaya, former president InSPA and Prof. P. Venkataramaiah , Former chairmen SRC, NCTE addressed the participants during fourth and fifth technical sessions. In Valedictory session, Er. M. Arun with his introductory remarks strated the session formally and invited four participants to share their view and experience about the workshops. Dr. Boa Reena Tok formally welcomed all the distinguished guests and participants. Mr. Narender shared the report of the workshop with the invited guests and participants. Dr. Panch Ramalingam, President, InSPA, Puducherry deliverd presidential address and Prof. Tomo Riba, Registrar Rajiv Gandhi University in his felicitation address talked about the duties during the pandemic. Prof. N. Panchanatham , Vice-chancellor , Tamil Nadu Teacher Education, University, Chennai and Prof. Gurmeet Singh, Vice- chancellor, Pondicherry University, Puducherry delivered theme address and valedictory address respectively. Prof. A. Mitra Pro Vice-chancellor, Rajiv Gandhi University presented

concluding remarks and Dr. Naraginti Amareswar Reddy , Department of Education, NEHU, Shillong presented Vote of Thanks.

The initiative to Organise this workshop on school psychology: life skills. Mental health was taken by Dr. P. Ramalingam , President InSPA and coordinated by faculty members of Department of Education, Rajiv Gandhi University, Itanagar, Prof. Elizabeth Hangsing, State Convener InSPA , State Prof. P K Acharya, Dr. Boa Reena Tok, Dr. C Siva Sankar, Dr, Nisanth PM and Narender Singh. Fourteen hundred participants registered to attend the workshop but due to weather condition and poor connectivity nearly more than 600 participants attended the workshop.

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1.1. Rajiv Gandhi University

The foundation of the Rajiv Gandhi University (Formerly Arunachal University) was laid on 4th February 1984 by Late Smt. Indira Gandhi, the then Prime Minister of India. The University is located atop Rono Hills on a picturesque tableland of 302 acres overlooking the river Dikrong. The University was converted into a Central University with effect from 9th April 2007 as per notification of Ministry of Human Resource Development, Government of India. Since then Rajiv Gandhi University (Formerly Arunachal University) has carved a niche for itself in the educational scenario of the country. The University has continuously maintained its premier status among top hundred (100) educational institutions in NIRF ranking across India. University has Nine (09) Academic Faculties running Twenty six (26) Departments and Two (02) Institutes.

1.2. Department of Education

The Department of Education was established in 1988 with an objective to train the untrained teachers working in secondary and senior secondary schools of Arunachal Pradesh and to produce quality teachers for colleges and university at graduation and post graduation level. Presently the department of Education is running four programmes, Doctoral, M.A. (Education), M.Ed. and B.Ed. There are twenty (20) faculty members catering to the need of B.Ed. M.Ed. and M.A. (Education) students and research scholars. Theoretical knowledge is imparted through classroom based lectures and for practical parts there are labs; and students are also taken to field trips, community engagement and social awareness campaign as per the requirements. Alumni of the department have been serving in various departments of Govt. of Arunachal Pradesh, in other states and at national level.

1.3. Indian School Psychology Association (InSPA)

School Psychology programs ensure that candidates have a foundation in the knowledge base for psychology and education, including theories, models, empirical findings, and techniques in each domain. In 2009, Dr. Erika E. Voigt stated that the role of the school psychologist, as discussed at the ISPA colloquium 2008, is undergoing changes. These changes are connected with new perspectives and trends in our profession. These are mainly: a stronger priority on prevention; a stronger focus on social-emotional

functioning; a higher sensitivity to social and cultural diversity; whole-school and community projects, which demand leadership; and handling of organisational and management processes. Taking these initiatives into consideration, the group of psychologists in India met and discussed in detail initiating a new venture and agreed that psychologists would start professional association that would cater to the needs of school psychologists in India. **The Indian School Psychology Association (InSPA)** is an organisation that helps young and energetic psychologists to promote School Psychology in India. The Indian School Psychology Association was Registered under Societies Registration Act 1860 in No.583/2009 . The registered office of the InSPA is at # 17, 14th Street, Krishna Nagar, Puducherry - 605 008, India. It is a voluntary non-profit educational service Society.. To initiate the activities, the association was started by Dr. Panch. Ramalingam, and functioning its office in Puducherry on 15th August 2009.

Vision: Assurance of easy accessibility of academic resources, development of skills for learning, mental health and well-being in all children.

1.4. Scope of the Workshop

India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students' population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has multifaceted schooling systems that cater to the needs of the children. In India, the schools run by the state governments, both in urban and rural areas, differ in many respects from the private English-medium schools that draw children largely from economically privileged families and same scenario exists in Arunachal Pradesh also with little variation.

Thus, the Indian setting today characterized by the existence of schools of various standards, which may be distinguished based on a number of indicators, including teaching methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire skills and abilities. It is strongly believed that School Psychologists along with all stakeholders can provide the necessary professional guidance to children in schools. In this background, the InSPA along with Rajiv Gandhi University planed to organize two day Online **“Workshop on School Psychology: Life Skills, Mental Health, and Guidance & Counseling”** for School principals, Headmasters, in-service, pre-service school teachers and teacher educators to train them with basic knowledge , skills and values to

deal with day-to-day need of school environment in India. Thus, teaching, training, research, and practice were identified as the major concerns. This workshop was first of its kind, to address some of these identified issues, to be organized by Rajiv Gandhi University in collaboration with InSPA to train all in Arunachal Pradesh context

1.5. Objectives

The workshop aimed at:

1. Providing theoretical framework of School Psychology ;
2. Acquainting participants with professional and life skills education for School Teachers;
3. Making them aware about psychological assessment and intervention of children at risk of learning ;
4. Providing them knowledge about safe and friendly schooling ; and
5. Making them understand the issues related to Mental health and well-being in Schools

1.6. Learning Outcomes

After completion of the workshop the participants were able to

1. Apply the acquired knowledge of psychology in addressing their day to day school problems.
2. Develop professionalism and life skill;
3. Apply, assess ,diagnose and provide guidance and counseling to children who are at risk of learning; and
4. Ensure safe and friendly school environment leading to well being and mental health in school systems.

1.7. Theme

The whole world is passing through the adversity of the COVID 19 Pandemic. Everyone has been caught unaware and unprepared . The stake holders of the educational system are deeply affected and passing through stress. In this background, the InSPA along with Rajiv Gandhi University planed to organize two day Online **“Workshop on School Psychology: Life Skills, Mental Health, and Guidance & Counseling”** for School principals, Headmasters, in-service, pre-service school teachers and teacher educators to train them with basic knowledge , skills and values to deal with day-to-day need of school environment in India in general and during pandemic in particular.

1.8. Resource Persons

To realise the objectives of the workshop and fulfil expected learning outcomes, the organising team of the workshop after a through deliberation made a list of resource persons and eminent speakers as under:

1. Prof. Mehraj Ud din Mir, Hon'ble Vice Chancellor, Central University of Kashmir
2. Dr. Panch Ramalingam , President , InSPA, Pondicherry
3. Prof. Nighat Basu , Professor and Head department of Education, central university Kashmir
4. Dr. Lalitha Subramanian , former faculty ,department of clinical psychology , Sri Ramachandra University , Chennai
5. Dr.Suza Koshy , child development and family relations consulstant, SEL trainer , Former head , department of human development , SVT College, SNDT Women's University Mumbai

Eminent Speakers

1. Prof. Mukhopadhyaya, former president InSPA
2. Prof. P. Venkataramaiah , Former chairmen SRC, NCTE

1.9. Target Population

All the School principals, Headmasters, in-service, pre-service school teachers and teacher educators participated to hone their psychological skills relating to school environment in India in general and Arunachal Pradesh in particular.

1.10. Budget

The online workshop was organized in collaboration with InSPA, a nonprofit organization, involving only refreshment and stationery budget at university level only. The co-coordinators of the online workshop approached Hon'ble Vice-chancellor and an amount of Rs.6000/- (Six Thousands Only) was allotted for the above mentioned purpose.

1.11. Modus Operandi

To Organize the workshop online , the RGU organizing team under the leadership of Prof. Elizabeth Hangsing and InSPA Co-ordinating team approached **IEEE Technology and Engineering Management Society, Madras Chapter** to provide technical assistance. IEEE provided Cisco Webex online meeting platform free of cost. Hence. Organising team used Cisco Webex to organize the Workshop.

2.0. Session Wise Deliberations

There were total seven sessions. Five technical sessions were taken by eminent personalities and other distinguished guests too talked in between the sessions. The details is given below:

2.1. Inaugural Session



At the very outset of the Inaugural Session Prof. Elizabeth Hangsing, InSPA, State Convener , Arunachal Pradesh, gave instructions to the participants in order to smooth conduct and carryout activities of the work shop positively.



Prof. Tomo Riba , Registrar, Rajiv Gandhi University, Itanagar welcomed all esteemed guests , speakers and participants on behalf of the Rajiv Gandhi University, Itanagar and wished that the online workshop will be a platform to learn and share views among various stakeholders associated with schools.



Professor P K Acharya , Department of Education, Rajiv Gandhi University, briefed the gathering about objectives and scope of the workshop. Prof. acharya said that Covid -19 has posed a challenge before teachers , administrators ,students and parents with regards to teaching learning process and a change is required to maintain the pace and need to be incorporated in the educational system. This workshop is an endeavour to meet the new challenges faced by all stakeholders associated with school education.



Dr. Panch Ramalingam , President, InSPA in his presidential address stressed that knowledge and handling of ICT tools is must for all teachers and gave a brief description of the programme schedule, registration process , about participants , how all five technical sessions are planned and how the participants will benefit from the workshop.



Prof. Amitava Mitra , Pro Vice Chancellor , Rajiv Gandhi University in his address highlighted the physical, psychological and social wellbeing of the individual for strengthening the emotional stability and sociability in the context of intra individual differences and inter individual differences. Prof. Mitra was of the view that developing critical thinking and problem solving ability be given importance over instead of memorisation of facts and syllabus among learners.



Prof. Saket Kushwaha, Hon'ble Vice-Chancellor, Rajiv Gandhi University, Arunachal Pradesh, in his inaugural address recalled the real life examples to manage mental health, wellbeing and promoting of life skills with regard to self-awareness, critical and creative thinking, coping with stress and emotions, and effective communication skills.

Talking about lockdown period , its importance and Prime Minister's address to the nation five times at the time of crisis, Prof. Kushwaha said , Each individual is going to be affected and we must cooperate with corona warriors” .

2.2. Technical Session 1: Professional Skills for Teachers Handling life Skills



Prof. Mehraj Ud din Mir, Hon'ble Vice Chancellor , Central University of Kashmir, in The first Technical session , spoke about professional skills for teachers handling life skills. He said that a new normal had emerged and changed the pattern to live life. Hon'ble vice chancellor highlighted the problem of migrant workers, how Covid -19 has pushed us to the wall,

problems of teachers, students and need to develop a mechanism to get students back to the interactive class , sources of stress and role of mobile phone and connectivity.



2.3. Prof. Kesang Degi , Head dept. of Education, Rajiv Gandhi University presented vote of thanks on behalf of department of Education. Prof. Kesang extended her gratefulness to Prof. Saket Kushwaha , Hon'ble Vice-

chancellor, Rajiv Gandhi University, Dr. Panch Ramalingam , President , InSPA, Prof. Mehraj Ud din Mir, Hon'ble Vice Chancellor , Central University of Kashmir, for delivering a lecture on Professional Skills for Teachers Handling life Skills.

2.4. Technical Session 2: Concept of School Psychology : Indian Context



In the Afternoon Session , technical session II was taken by Dr. Panch Ramalingam , President , InSPA, Pondicherry. Dr. RamaLingam in detail discussed the concept of school psychology, the role of teachers, school counsellors, school psychologists and importance of school environment in Indian context as India is multicultural and multilingual nation. Dr. Ramalingam presented InSPA Action Plan 2020-21, interacted with participants and addressed their queries.

2.5. Technical Session 3: Life Skills Development



Prof. Nighat Basu , Professor and Head department of Education, central university Kashmir talked about skill enhancement among children , status and execution of skill development schemes in India like: The apprentice Act of 1961, The national policy on skill development 2009, The national skill qualification framework 2013, Pradhanmantri Kaushal Vikas Yojna and Atal innovation mission 2017 . In her concluding remark she said that countries that had given priority to skill development at the grass root level had flourished.

In the end Dr. Nighat Basu cleared participants doubts and Dr. Panch Ramalingam, President InSPA , Puducherry announced home assignment for the participants.

Day 2 June 04, 2020

2.6. Technical Session:4 Identification and Remediation of Children at risk of Learning Difficulty in School



Fourth Technical session of the workshop was taken by Dr. Lalitha Subramanian , former faculty ,department of clinical

psychology , Sri Ramachandra University , Chennai . She delivered her lecture on the topic Identification and remediation of children at risk of learning difficulties in schools. Dr. Lalitha Subramanian explained the concept of learning disability, types of disability- dyslexia, dysgraphia, and dyscalculia , the causes of poor academic performance, the role of teachers in early identification of learning disabled children , what problems they face in learning and how to address their learning problems in a particular subjects , their imperfect ability to listen , speak , read ,spell or to do mathematical calculation, strategies to be adopted by the teachers to deal with a particular learning problem and psychological processes involved in understanding or in using language, spoken or written form.

2.7. Technical Session:5 Educators' well being during COVID 19 Pandemic

Fifth technical session was taken by Dr.Suza Koshy , child development and family relations consulstant, SEL trainer , Former head , department of human development , SVT College, SNDT Women's University Mumbai on the topic Educators well being during COVID 19 Pandemics . Dr. Suza Koshy deliberated that worries are part of our life but COVID-19 worries are different like we fear losing our loved ones , our own health and adapting to new challenges in our professional life etc. She emphasized that We need to acknowledge our emotions, accept new normal fearlessly, reset our mindset as per COVID- 19 reality- as it is a real invisible threat and will stay for a while, focus on positive emotions, re-invent education for future, no need to post pone our worries but re-schedule them, revive our old hobbies , enhance character strength , write journal and diary for our social and emotional well being. It will help us to revisit ourselves and provide strength to deal with the new order. In the end Ma'm gave home assignment to the students.

2.8. Valedictory Session

Er. M. Arun with his introductory remarks strated the session formally and invited four participants to share their view and experience about the workshops. Dr. Boa Reena Tok formally welcomed all the distinguished guests and participants. Mr. Narender shared the report of the workshop with the invited guests and participants. Dr. Panch Ramalingam, President, InSPA, Puducherry deliverd presidential address and Prof. Tomo Riba, Registrar Rajiv Gandhi University in his felicitation address talked about the duties during the pandemic. Prof. N. Panchanatham , Vice-chancellor , Tamil Nadu Teacher Education,

University, Chennai and Prof. Gurmeet Singh, Vice- chancellor, Pondicherry University, Puducherry delivered theme address and valedictory address respectively. Prof. A. Mitra Pro Vice-chancellor, Rajiv Gandhi University presented concluding remarks and Dr. Naraginti Amareswar Reddy , Department of Education, NEHU, Shillong presented Vote of Thanks.

The initiative to Organise this workshop on school psychology: life skills. Mental health was taken by Dr. P. Ramalingam , President InSPA and coordinated by faculty members of Department of Education, Rajiv Gandhi University, Itanagar, Prof. Elizabeth Hangsing, State Convener InSPA , State Prof. P K Acharya, Dr. Boa Reena Tok, Dr. C Siva Sankar, Dr, Nisanth PM and Narender Singh. Fourteen hundred participants registered to attend the workshop but due to weather condition and poor connectivity nearly 400 participants attended the workshop.



Department of Education
Rajiv Gandhi University, Arunachal Pradesh, Itanagar
in collaboration with

Indian School Psychology Association (InSPA), Puducherry
with the technical support by

IEEE Technology & Engineering Management Society (Madras Chapter)

Online Workshop on School Psychology: Life Skills, Mental Health and Well-being

(03- 04 June 2020)

Programme

Wednesday 03rd June 2020 at 10.00 am Inauguration

10.00 am Welcoming the participants

10.10 am Welcome Address:

Prof. Tomo Riba

Registrar, Rajiv Gandhi University, Arunachal Pradesh

10.15 am Scope of the Workshop:

Prof. P K Acharya

Dept. of Education, Rajiv Gandhi University, Arunachal Pradesh

10.20 am Presidential address:

Dr. Panch. Ramalingam

President, InSPA

10.30 am Address by Pro Vice-chancellor

Prof. Amitva Mitra

Pro Vice-Chancellor, Rajiv Gandhi University, Arunachal Pradesh

10.40 am Kenote Address

Prof. P. Venkataramaiah

Former Chairman, SRC, NCTE, Bangalore

10.50 am Inaugural Address

Prof. Saket Kushwaha

Vice Chancellor, Rajiv Gandhi University, Arunachal Pradesh

11.10 am Technical Session I: Professional Skills for Teachers Handling Life Skills

Prof. Mehraj Ud din Mir

Vice-Chancellor, Central University of Kashmir, Sri Nagar

12.00 Noon Vote of Thanks

Prof. Kesang Degi

Head , Department of Education, Rajiv Gandhi University, Arunachal Pradesh

Morning session closes by 12.10 pm

Afternoon session starts by 02.00 pm

2.00 pm Technical Session II: Concept of School Psychology: Indian Context

Dr. Panch. Ramalingam
Pondicherry University, Puducherry

3.00 pm Technical Session III: Life Skills Development

Prof. Nighat Basu
Professor and Head, Department of Education,
Central University of Kashmir, Sri Nagar

4.00 pm Home Assignment

Afternoon session closes by 04.10 pm

Thursday 04th June 2020 at 10.00 am Technical Sessions:

10.00 am Welcoming the participants

10.10 am Technical Session IV: Identification & Remediation of Children at risk of Learning Difficulties in Schools

Dr. Lalitha Subramanian,
Former Faculty, Department of Clinical Psychology
Sri Ramachandra University, Chennai.

11.30 am Technical Session V: Educators' wellbeing during COVID 19 Pandemic

Dr. Suja Koshy,
Child Development & Family Relations Consultant,
SEL Trainer
Former Head, Department of Human Development, SVT College,
SNDT Women's University, Mumbai.

Morning session closes by 12.30 pm

Thursday 04rd June 2020 at 2.00 pm Valedictory Session:

Afternoon session starts by 02.00 pm

2.00 pm Introductory remarks by

Er. M. Arun,
Vice-Chairman, IEEE TEMS, Madras Chapter

02.10 pm Feedback of the participants

Two participants

02.20 pm Welcome Speech

Dr. Boa Reena TOK ,
Associate Professor
Dept. of Education, Rajiv Gandhi University

02.25 pm Presentation of Report of the workshop:

Narender Singh,
Assistant Professor, Dept. of Education
Rajiv Gandhi University, Arunachal Pradesh

02.35 pm Presidential address:

Dr. Panch. Ramalingam
President, InSPA

02.45 pm Felicitation Address by Registrar

Prof. Tomo Riba
Registrar, Rajiv Gandhi University, Arunachal Pradesh

03.00 pm Theme Address

Prof. N. Panchanatham
Vice Chancellor,
Tamil Nadu Teacher Education University, Chennai

03.15 pm Valedictory Address

Prof. Gurmeet Singh
Vice-Chancellor, Pondicherry University, Puducherry

03.45 pm Concluding Remarks

Prof. Saket Kushwaha
Vice Chancellor, Rajiv Gandhi University, Arunachal Pradesh

04.00 pm Vote of Thanks

Dr. Naraginti Amareswar Reddy
Department of Education, NEHU, Shillong

Session closes by 04.10 pm

Participation certificates will be issued by email.

Registration of participants will be done by google form and admitted to the workshop by online WebEx

**RAJIV GANDHI UNIVERSITY
RONO HILLS:: DOIMUKH**

No. AC-996/Sem-Edu/2011 Dated the 2nd June, 2020

SANCTION ORDER

Sanction is hereby accorded to an amount not exceeding Rs. 6,000/- (Rupees six thousand) only to meet up refreshment, and to procure Wifi-equipment and SIM card in connection to conduct 'Online Workshop on "School Psychology: Life Skills, Mental Health, and Guidance & Counseling" in the Department of Education, RGU.

Approval is also hereby accorded to draw an advance amount of Rs. 6,000/- (Rupees six thousand) only in favour of Prof. Elizabeth Hangsing, State Convener of Indian School Psychology Association (InSPA), Dept. of Education, subject to final adjustment .

This issue with the approval of the Vice-Chancellor.

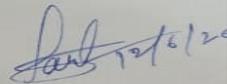
Head of Account Recurring (31) SB A/C No. 2342 (SH: 01-ACD- 01)

Sd/-
Finance Officer

No. AC-996/Sem-Edu/2011/53 Dated the 12th June, 2020

Copy to:

1. Assistant Registrar (Bill/DDO) for information and necessary action please.
- ✓ 2. Prof. E. Hangsing, State Convener (InSPA) Deptt. of Education for information.
3. Head, Department of Education for information.
4. Office copy.


Section Officer (Acad.)

Received
16/6/20

3.3. Annexure-3 List of Participants

More than 600 participants participated in the two day workshop.

3.4. Annexure-4 Media Coverage

Workshop organised by Department of Education, Rajiv Gandhi University received media coverage and was reported in Arunachal observer on June 4, 2020.

The screenshot shows a news article on the Arunachal Observer website. The main article is titled "RGU holds online workshop | Life skills help to cope with stress: VC" and is dated June 5, 2020. It includes a video player showing three individuals participating in an online session. The text of the article discusses the workshop's focus on life skills, mental health, and wellbeing, organized by the Department of Education and Psychology at Rajiv Gandhi University. It mentions collaborations with the Indian School Psychology Association (ISPA) and IEEE. The article also lists several participants, including Prof. Saket Kushwaha, Prof. Mehraj Ud din Mir, Prof. P. K. Acharya, Dr. Panch. Ramalingam, Prof. A. Mitra, Prof. E. Mangving, Prof. Tomo Riba, Prof. Kesang Degi, Dr. Nivath P.M., Narendar Singh, Dr. B. Beema Tok, Dr. C. Siva Sanjkar, and Dr. Mubesh. A sidebar on the right contains an advertisement for "Shilpa Cookies" and a "Recent News" section with various headlines.

3.5.

Annexure-5 Screen Shots

