RAJIV GANDHI UNIVERSITY RONO HILLS, DOIMUKH

No. ADPE/Celebration/Impt/Occa-16/2007 (Part-I)

CIRCULAR

Rajiv Gandhi University is celebrating **`FIT INDIA Week 2024'** from **15th November 2024 to 31st December 2024** as per the directives of the University Grants Commission (UGC) and the Department of Sports, Ministry of Youth Affairs & Sports, Government of India.

The schedule of events is as follows:

S.No	Date	Events	Venue/Participants
1	07/12/2024	Yoga Programme/ Track and Field	RGU Old Auditorium/Mani Athletic
		Events	Ground
2	11/12/2024	Fitness Pledge/ Fitness	All Departments / Cells / Branches
		Assessment through Mobil App	/ Offices, etc.
3	14/12/2024	Popular Sports/ Fun Games	At the main Football ground
4	18/12/2024	"Importance of Fitness" Debate,	All Departments / Cells / Branches
		Quiz, Essay Writing, and Poster	/Offices, etc. Govt. Secondary
1		making Competition.	School RGU Campus.
5	19/12/2024	Indigenous Games	Teaching and Non Teaching
			employees
6	20/12/2024	Prize distribution to the winners	RGU Old Auditorium

In light of the above, all members of the university fraternity, including students, are requested to actively participate and witness these activities as per the schedule.

For participation and more details, all are requested to contact Dr. A. Yuvaraj, ADPE / Nodal Officer, FIT India, RGU (9444497050 Mob+WhatsApp).

Sd/-Registrar

Dated: 06/12/2024

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Copy to:

- 1. PS to Vice Chancellor for information.
- 2. All Deans of Faculties /DSW for information and wide circulation.
- 3. PS to Registrar/ Finance Officer/Coe for information.
- 4. All HoDs/Directors of various Department/ Institutes for information and wide circulation.
- 5. Headmistress, Govt. Secondary School, RGU Campus for information.
- 6. All Branch Heads for information and wide circulation.
- 7. Joint Registrar (Academic & Conf) for information.
- 8. Joint Director (CC) for information with a request to upload the same in the University website.
- 9. Dr. A.Yuvaraj, ADPE/Nodal Officer, FIT India, RGU for information and necessary action
- 10. Senior Security Officer for information.
- 11. Office copy

(Dr. N.T. Rikam) Registrar